



Brain Power for the BOLD!

August '18 to January '19

WELCOME

WE LIVE FOR UNCOMMON LEARNING OPPORTUNITIES
Inspired by the world around us,
we search out unique learning opportunities
from passionate instructors for people like you!

WE HAVE A CLASS FOR THAT Arts to Interests, Travel to Home, Technology to Wellness, & Youth too!

We'RE FANS, TOO
We are not only purveyors of classes,
we are students too!

We're Always Here For You More classes, more instructors, more locations & more ways to take your seat in class... ...at your fingertips!

Brain Power for the BOLD!

~ YOUR CommED Team!

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Office Hours

Monday-Friday 8:00am-5:00pm Closed on School District Holidays



Sew On & Sew Forth!

...alterations & mending!
...quilting - piece in peace!
...upcycling & new

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fashions!

Volaré-To Fly! Drones

...sensors & imaging!
...hobby or industrial!
...commandeering

flight!





Airbnb Curiosity!

...experiences & places!
...home away from home!
...bland, expensive
hotels...not!

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NEW Domed Hammered Artisan Earrings - Ladies Night Out!

Starting with small metal discs, texture, and shape into little curved or domed artisan earrings, add a charm or bead for accents. Class includes creating three pairs of earrings in silver, gold, or copper tones. Use our tools to learn and get started and then grab your own after falling in love with this technique. Materials included. Ages 12 and up.

Instructor: Melanie Erickson Location: Acorn 19 - Bead Co.

Friday, October 19 BEAD227 5:30-7:00PM \$35

NEW Leather & Feather Earrings

Create two trendy, artisan styles of earrings - one style featuring leather shapes cut and fringed to add flair without weight, one style featuring feathers - pheasant or other. Learn to professionally turn feathers into earrings and pendants. Embellish either style with beads or charms for color and texture. Materials included. Ages 12 and up..

Instructor: Melanie Erickson Location: Acorn19 - Bead Co.

Saturday, September 22 1:00-2:30PM BEAD206 \$39





Basic Beading & Wire Work Combo

Bracelets, necklaces, earrings, and charms are in your creative future! From crimping ends and adding clasps to bending wire into earrings and attachments, learn a range of basic beading and wiring techniques. Master the proper tools for the craft and learn which materials work best to turn your creative ideas into reality. Create endless combinations of jewelry and home décor. As a beginning beader or to refresh your skills, join us for this popular eighteen years running class. Class project: bracelet, earrings, charms. Materials included. Ages 12 and up.

Instructor: Melanie Erickson Location: Acorn 19 - Bead Co.

Saturday, September 29 BEAD201 1:00-3:00PM \$35



Hammered Message Ring Necklaces or Leather Bracelets

Create a gorgeous personalized necklace or bracelet featuring a shiny 1.25" round metal ring/washer style pendant handstamped with your favorite names, saying, words, or dates. Add extra sentiment or flair by accenting with birthstones, anniversary stones, or charms. Learn and practice metal letter stamping and texturing. Prepare to be empowered with hammers and tools! Includes chain or leather, accent bead, charm, and pendant. Plan ahead for class by writing down your idea for words, dates, or names totaling 23 characters or less. If time allows, create multiples ala-carte. These are great holiday gifts! Materials included. Ages 12 and up.

Instructor: Melanie Erickson Location: Acorn19 - Bead Co.

Saturday, October 20 1:00-3:00PM BEAD229 \$45

Beaded Netting Ornaments

Beaded ornament covers make the perfect decoration, gift, or future heirloom! Learn bead netting that forms around interchangeable bulb ornaments with Miyuki glass - gorgeous Japanese glass beads that are larger than seed beads & simple to use. Choose your favorite color beads, drops, and ornament, then create your sparkly ornament cover. For great gifts, use the recipient's favorite colors, team colors, or add heirloom beads. Use this technique to decorate anything from holiday bulbs and Easter eggs to candle holders and wine bottles! Materials included. Ages 12 and up.

Instructor: Melanie Erickson Location: Acorn19 - Bead Co.

Saturday, October 27 BEAD214 1:00-4:00PM \$45

NEW Rosary Style Linked Wire & Bead Jewelry

Learn to bend, twist, and connect wire to create beaded chain jewelry, rosaries, or prayer bead style bracelets and necklaces. Develop basic skills with the proper tools, beads, and patterns for the craft. Technique building and freestyle time are both part of this class. Choose your finished project: bracelet, rosarette - mini rosary, or start on your full length necklace or rosary. Materials included. Ages 12 and up.

Instructor: Melanie Erickson Location: Acorn 19 - Bead Co.

Saturday, October 13 BEAD225 1:00-3:00PM \$35

Mala Style Stone Bracelet Ladies Night Out!

Choose semi-precious stones or wood beads, then add your choice of tassel, charm, lotus, leaf, heart, etc. Add lava beads to absorb your favorite essential oils. Learn our favorite technique for easy-wear, stretchy bracelet creations while making a smaller version of a Mala Style Bracelet or Prayer Beads. Simple gift giving ideas here! Class includes materials, charm and \$8 credit towards your semi-precious stones. Research your stones or colors prior to class or just breathe and go with the flow and decide at class. Materials included. Ages 12 and up.

Instructor: Melanie Erickson Location: Acorn 19 - Bead Co.

Friday, November 2 BEAD222 5:30-7:00PM \$29





Leather & Bead Ladder Wrap Bracelett

Create a leather and bead bracelet that wraps around your arm once or twice (your choice) and finishes with a button style adjustable clasp. A shiny row (ladder) of glass beads in your color choice surrounded by the leather color of your choice, woven with silk string of your choice - imagine the possibilities! Once you learn the basic techniques you can easily create more in glass, stone, metal, chain... doubles, triples ... multiple ladders ... anything goes! *Warning: your friends will all want one! Materials included. Ages 12 and up.

Instructor: Melanie Erickson Location: Acorn 19 - Bead Co.

Saturday, November 10

BEAD218

1:00-3:00PM

\$35



Floating Style Necklace & Earrings

Use faceted glass in your color choices with simple crimping techniques to create single or multi-strand necklaces with beads that appear suspended or floating on the wires, then create similarly styled earrings to match. This beautiful and simple technique makes beginners look like pros! Take your skills forward to create many holiday, wedding, occasion, or casual jewelry sets. Materials included. Ages 12 and up.

Instructor: Melanie Erickson Location: Acorn 19 - Bead Co.

Saturday, November 3

1:00-3:00PM

BFAD224 \$35



NEW Leather Knots & Bead Weave Bracelet - Ladies Night Out!

Gather the gals or fly solo and meet new creative-minded friends. Create a stylized leather and bead knotted bracelet based on macramé knots. Easy and fun, with a very trendy finished look. Simple, trendy gifts, too! Choose your favorite beads and leather color, then add a buttonstyle clasp. Shop and make it to dinner downtown by 7:30! Materials included. Ages 12 and up.

Instructor: Melanie Erickson Location: Acorn 19 - Bead Co.

Friday, November 16 BEAD330

5:45-7:00PM \$29



NEW Earrings 101 & Custom Display Rack

Create multiple earring styles using wire and beads with jewelry-making tools and techniques, then customize a wood framed metal mesh wall hanging to hang and display your jewelry! Choose from a huge supply of glass, metal, wood, and stone beads in various colors. Earrings and charms are fun and simple to create once you learn the right techniques. Create, wear, share, and display your creations with pride! Includes all materials and wire mesh frame. Ages 12 and up.

Instructor: Melanie Erickson Location: Acorn19 - Bead Co.

Saturday, November 17 1:00-3:00PM BEAD332 \$35

Hammered Cuff Bracelet

Express yourself with the empowering, impressive skill of metal hammering! Choose a plain metal blank of your desired width and transform it into a textured. hammered cuff bracelet, with or without a personal message! Practice stamping, hammering, texturing, and bending the perfect cuff. Use your new-found knowledge to create metal cuffs on your own with a few materials and simple tools. Messages can be on the cuff's outside or hidden inside! Come prepared with a word, date, or short phrase to personalize your bracelet. Aquire the skills to make various stamped necklaces & bracelets! Materials included. If time allows, create a second bracelet alacarte. Ages 12 and up.

Instructor: Melanie Erickson Location: Acorn 19-Bead Co.

Saturday, December 1 1:00-3:00PM BEAD221 \$45





Cold Forged Metal Pendant or Cuff Bracelet

Fashion a forged metal pendant or cuff bracelet forming and fabricating raw material into a beautifully finished piece of jewelry! Choose copper for its medicinal value or hardened steel, then learn century-old forging techniques with a little help from modern equipment involving hammer, heat, and anvil. Unleash metal's wonderful potential while crafting a style that is delightfully imperfect and organic. Wear, share, or even market! Project choice of pendant or cuff bracelet. Materials included. Age 18 and up.

Instructor: Steve Grosvenor Location: Red Rock Tools - Beresford

Tuesday, October 16 6:00-8:00PM ART648A \$59

Tuesday, November 13 6:00-8:00PM ART648B \$59

Tuesday, January 15 6:00-8:00PM ART648C \$59

NEW Melted Metal Jewelry Headpin Textured Cuff Bracelet

Never did three, so different, get along so well! Have your artistic way creating three individual copper cuffs, then permanently bind them together with fine silver. Work with a rolling mill and hammers to apply texture, experience melting silver with a torch, and use a rotary tool to drill. Materials included. Ages 18 and up or 14-17 with adult.

Instructor: Natalie Sorenson

Location: Joe's Garage Jewelry Studio

Monday, September 17 6:00-8:00PM ART217 \$35



NEW Solder Metal Jewelry Aluminum Bracelet

Make a one-of-a-kind forged wrap bracelet, pleasingly pummeled and wrapped with a long leather strap and traditional buckle closures created with straight sterling wire. "Light" heavy gauge aluminum adds a striking addition to your wrist-wear! Punch holes, hammer an anticlastic curve, wire wrap, solder, and use hand-held buffers in this multi-faceted class. Materials included. Ages 18 and up or 14-17 with adult.

Instructor: Natalie Sorenson

Location: Joe's Garage Jewelry Studio

Monday, September 24 6:00-8:00PM ART223 \$35

NEW Solder Metal Jewelry Ball & Loop Bangle Bracelet

Everyone says CONNECTIONS are important, let this bangle bracelet become your favorite! Melt scrap silver then solder the droplet to a comfortable flat band. A little sawing, attractive twisting and wrapping, and your bangle comes alive with character along with a perfect fit! Materials included. Ages 18 and up or 14-17 with adult.

Instructor: Natalie Sorenson

Location: Joe's Garage Jewelry Studio

Monday, October 1 6:00-8:00PM ART224 \$45



NEW Torch Enameled Metal Jewelry - Leaves Bracelet

Learn fold-forming techniques to create organic and unique copper leaves, then sprinkle with autumn enameling colors and torch fire each one into a dreamy blend of unexpected beauty! Use your creations for links in a bracelet or earrings. Choose a sterling magnetic clasp or sterling hinged ear-wires to complete your project. Materials included. Ages 18 and up or 14-17 with adult.

Instructor: Natalie Sorenson

Location: Joe's Garage Jewelry Studio

Monday, October 8 5:00-8:00PM ART228 \$59



NEW Solder Metal Jewelry Etched Clasp Bracelet

Uniquely different and full of earthy beauty, this two-link bracelet is surprisingly easy to create! Draw or stamp a design onto a copper disc allowing it to etch while you form a two-link sterling silver bracelet band. Doming techniques and soldering complete your etched disc and handformed jump rings connect everything together. Materials included. Ages 18 and up or 14-17 with adult.

Instructor: Natalie Sorenson

Location: Joe's Garage Jewelry Studio

Monday, October 22 5:00-8:00PM ART231 \$45



NEW Fused Metal Jewelry Faerie Finial Cuff

Like Cicely Mary Barker's whimsical White Bryony Fairy, adorn your wrist with coils and leaves from a fall harvest using gorgeous, heavy-gauge fine silver that becomes even more beautiful with the years! Spiraling on one end is created with a rolling mill, the other end is a stylized leaf formed with chasing techniques and jeweler's tools. Add a relief layer of fused veining to complete your creation. Materials included. Ages 18 and up or 14-17 with adult. No experience is necessary.

Instructor: Natalie Sorenson

Location: Joe's Garage Jewelry Studio

Monday, October 15 6:00-8:00PM ART229 \$49



NEW Solder Metal Jewelry Bubble Link Bracelet with CZ Droplets - Intermediate

Bubble links of chunky silver dappled with droplets of tube-set cubic zirconia create an eye-catching and eternal bubblelink bracelet that puts a twinkle in your eye! After sketching your creative ideas, complete five soldered rings to create the amorphous links of your bracelet utilizing a rolling mill to create a certain uniformity and the option of adding texture. Next, create a series of jump rings to maximize the bold gauge used in the links without adding unnecessary thickness. Prepare three settings to solder to your links based on your design sketch. Sport your lustrously beautiful sterling linked bracelet, strong fused links, and a stylish magnetic clasp. Materials included. Ages 18 and up or 14-17 with adult. Previous solder experience neccessary.

Instructor: Natalie Sorenson

Location: Joe's Garage Jewelry Studio

Mon/Tues/Wed, October 1

10:00-NOON \$109 ART232





NEW Solder Metal Jewelry Mobius Bangles - Intermediate

Expect endless drama with these two infinity loops formed into Mobius rings to adorn your wrist! Start with beautiful, aesthetic, museum-quality, solid silver, choose one of three unique patterns transfering to your silver form, then saw your design. Form your Mobius infinity bracelets into rings and solder. Smooth and finish each bracelet using files, compounds, and buffing wheels to create spare modern jewelry. Materials included. Ages 18 and up or 14-17 with adult. Previous solder experience neccessary.

Instructor: Natalie Sorenson

Location: Joe's Garage Jewelry Studio

Mon/Tues/Wed, October 8

ART241

10:00-NOON

\$189

All photos actual projects in ART section -see online for all ART class project photos

NEW Bitty Boite Trinket Box Intermediate

Greatly add to your silversmithing skills starting with conventional copper plumbing pipe transformed into a collectible trinket box. Create ornamental feet to raise it off vour bureau or shelf from balls of recycled sterling silver, texturize the outer surfaces, and impress the sterling silver topped lid with Grow Peace designed stamp. Personalize your Bitty Boite by doming the top. Ages 18 and up or 14-17 with adult. Previous experience recommended.

Instructor: Natalie Sorenson

Location: Joe's Garage Jewelry Studio

Mon/Tues/Wed, October 15 10:00-NOON ART248 \$119



NEW Personalize Your World! Paint Pen Art

Painted Prairie has gone to that big 'paint pen in the sky' but Dot Lettering and indestructible Click Cases live on! Learn the rules of personalizing while practicing Painted Prairie's most popular designs. Get a crash course in Dot, Fancy, Dash, and Kids lettering styles. Leave with a completed Click Case lunch or art box. Materials included. Ages 14 and up.

Instructor: Natalie Sorenson

Location: Joe's Garage Jewelry Studio

6:00-8:00PM Wednesday, November 7

ART258



NEW Watercolor Wash Talk!

Dive into watercolor washes and learn their unique set of rules. Blending, bleeding, and resisting techniques compel you into further experimentation. Develop four postcardsized pieces on cotton watercolor paper, then delve into lettering with lettering brushes and brush pens. With a base style of brush script letter forms, experiment by adding sass through flourishes and flair - the kind you see punctuating home decor. Come with a message in mind or choose from some of Natalie's favorites, leave with beautiful lettering-on-watercolor-wash art. Materials included. Ages 14 and up.

Instructor: Natalie Sorenson Location: Joe's Garage Jewelry Studio

5:00-8:00PM Monday, November 5 ART256



\$35

NEW Spirit of Miniaturisation! Petite Oil Painting

All those masters couldn't be wrong! Dip a small brush into a little oil pigment to create diminutive forms that come alive, reaching out from your tiny canvas! This is your opportunity to feel the difference oil paints make and what working with a slow-drying medium does to the painting process. Create a miniature rendered value study of a portion of a still life. Materials included. Ages 14 and up.

Instructor: Natalie Sorenson Location: Joe's Garage Jewelry Studio

Wednesday, November 14 6:00-8:00PM ART260



Confidently Crochet! Beginner II Basket or Tote Bag

Yearning for the magical workings of hook and yarn? Learn the stitches, tools, and techniques to become a bona fide crocheter! Practice basic stitches, how to select yarn, the proper hold of the hook, and how to track and troubleshoot your rows - materials provided for first class. Combine your new skills to create a basket or tote bag. Bring a size I and J crochet hook. This class is a bridge between Beginners & Intermediate. Confidently Crochet! Beginners or equivalent experience including pattern reading skills required. Student responsible for project materials provided at second class. (Instructor Cherri Palmer will have her service dog River with her at class.)

Instructor: Cherri Palmer

Location: IPC

4 Thursdays, November 1 **INTR455**

6:30-8:30PM \$45

NEW IMPRESSive-ism Art! "Wheat Field Under Clouded Sky"

Nothing says artist like brush blobs that somehow tell a beautiful story and no better way to get into a master's beret than to re-create each stroke! This semi-auided acrylic exercise honors Vincent van Gogh requiring your hand to follow a plan, whose path your brain can later recall, equals skills added! Learn painting mechanics then block out major areas, either by sketch or light wash followed by dabbling a little to christen your project as you create a 16" x 20" canvas masterwork! Project - "Wheat Field Under Clouded Sky" by Vincent van Gogh, 1890. Materials included. Ages 14 and up.

Instructor: Natalie Sorenson Location: Joe's Garage Jewelry Studio

Monday, November 12 5:00-8:00PM ART259

Confidently Crochet! Beginner I Scarf or Hat

Hats and scarves are essential cold weather gear in South Dakota! Learn and practice the stitches, tools, and techniques, how to select yarn, the proper hold of the hook, and how to track and troubleshoot your rows. Materials provided for first class. Instructor assists in determining materials needed for your project - student responsible for project materials. Bring a size J crochet hook. (Instructor Cherri Palmer will have her service dog River at class.)

Instructor: Cherri Palmer Location: IPC

4 Tuesdays, October 2 INTR451

6:30-8:30PM \$45

\$45





Sew On & Sew Forth! Sewing Machine Lab

Take the mystery and frustration out of mastering your sewing machine investment, gain confidence, and be off on your sewing journey! Each week focuses on a project incorporating new skills and techniques - basic principles of threading the machine, winding a bobbin, straight and zig-zag stitching, hemming, quilting, fabric selection, cutting fabric, and more! A list of supplies needed will be provided at registration. Bring your machine with its manual. No sewing skills required. Join us for hands-on basic sewing techniques for a variety of projects! Age 18 and up.

Instructor: Anna Maifeld Location: IPC

4 Thursdays, October 25 ART575

6:30-8:45PM

\$149

Rags to Rugs! Crochet Rug Making

Crochet rag rugs - a creative use of recycled fabric scraps and old clothing creating beautiful and useful items! Etsy seller Anna Maifeld guides you in fabric selection, time-saving techniques for preparing strips, and three options for joining the strips. Choose between a crocheted trivet or begin a rug. Knowledge of basic crochet - chain and single-stitching necessary, but no pattern reading skills necessary. Bring: size I or J crochet hook, sharp fabric scissors, fabric scraps, and old clothing. No denim. Also bring rotary cutter, cutting mat, and ruler (if you have them.) Anna's fabric stash is available to share with students.

Instructor: Anna Maifeld Location: IPC

2 Mondays, November 5 ART574A

2 Tuesdays, November 20 ART574B

6:30-8:00PM \$45

6:30-8:00PM \$45 'Wonderful! Number of students, length of class, group dynamic- it was all great. We are all super excited for the rest of the classes! It will be a blast! I love how my confidence grows each class so that I can be more relaxed and have fun!" ~ Anna Maifeld - Instructor

NEW Quilt On & Quilt Forth! Sewina Machine Quiltina

Have basic sewing skills and want to try quilting, but not sure where to start? Discover the ease, delight, and addiction of quilting! Complete a small quilt to use as a table topper, wall hanging, baby blanket, or doll quilt. Learn the skills of fabric selection, chain piecing, pressing, pinning, free-motion guilting, and binding. Bring your sewing machine and manual and a materials list will be provided upon registration. Basic sewing skills and comfort in operating your machine required or completion of Sew On & Sew Forth!

Instructor: Anna Maifeld Location: IPC

2 Thursdays, November 29 ART580

6:30-8:45PM \$69

NEW Sew On & Sew FUN! Youth Sewing Camp

Join other creatives for unique fun and education in Sew FUN! Learn to operate a sewing machine like a whiz, create several fun and functional projects - a shaggy chenille potholder, a fun little drawstring bag, and a maze game! Gain valuable skills which aid in the development of fine motor skills, problem solving, teamwork, focus, and patience. Whether an aspiring fashion designer or a creative camper looking for new skills, immerse yourself in the wonderful world of machine sewing! Bring your sewing machine and a basic sewing kit - list provided at registration. Ages 10 - 14 years.

Instructor: Anna Maifeld

Location: IPC

ART116B

2 Saturdays, October 20 1:00-4:00PM ART116A \$75 2 Saturdays, November 10 1:00-4:00PM





\$75







NEW **Sewing Designer Crafter's Apron**

Create your uniquely designed kitchen and crafter's staple apron with adjustable neck strap and long, wide front-tie, self-fabric waist ties! Sporting a fitted bib, a pass-through weltless pocket, and ample hip coverage; sew this reversible key piece! Fabric is waiting, sewing machines are provided, and the pattern is yours to keep! All sewing levels welcome.

Instructor: Natalie Sorenson Location: Joe's Garage

Tuesday, October 30 ART250

10:00-NOON \$59

NEW Sewing - Governess Apron

Make a nostalgic, no-closure wrap apron - right out of the Belle Époch sporting ModCloth-inspired reversible, patterned cotton fabric and loaded with pockets! Learn nifty sewing tricks for fast patch pockets, how to avoid finishing seams, and which old-school sewing rules are allowed to be broken! Fabric is waiting, sewing machines are provided, and the pattern is yours to keep! All sewing levels welcome.

Instructor: Natalie Sorenson Location: Joe's Garage

Tuesday, October 30 2:00-4:00PM ART254 \$59



NEW Sew On & Sew Forth! Mending, Alterations & Upcycling

Finding a tailor is not necessary! Learn basic mending and alteration sewing techniques or upcycle great clothing buys in a small group focusing on hand and machine sewing techniques. Bring two or three projects to work on and Anna will guide you with your specific project, whether mending seams, sewing on buttons, patching holes, hemming pants, skirts, sleeves, or even curtains, taking in the waist of blouses, or upcycling bell bottoms into skinny jeans. Tackle that stack of clothing that needs help and wear those items you love! No previous sewing skills necessary. Bring your sewing machine. Ages 18 and up.

Instructor: Anna Maifeld

Location: IPC

Monday, December 3 ART117 6:00-9:00PM \$35

Forged Metal Cutlery

From sous chef and fishermen to hunters and outdoor enthusiasts, join blade smith Steve Grosvenor to create a piece of cutlery with fit, finish, and performance personalized to you! Design, grind, forge, heat treat, temper, and finish to create a masterpiece of functional art. For beauty and performance, choose from an array of handle materials to compliment your forged cutlery. All materials supplied including a \$15 allowance for cutlery handle material. Upgrade handle materials available to purchase at class. One-on-one instruction - schedule to be determined upon registration. Ages 18 and up.

Instructor: Steve Grosvenor Location: Red Rock Tools - Beresford

8 Hour Instruction to be Scheduled ART646

14 Hour Instruction to be Scheduled ART652





\$249

\$399

NEW Stained Glass Arrow & Feather

Create a funky arrow and corresponding feather using stained glass, leather cording, copper tubing, and wooden beads. Learn to cut stained glass, prepare the glass for soldering, and basic soldering techniques to attach everything together. Let your personality shine through with the type and colors of glass of your choice for your feather and arrow. Materials included.

Instructor: Heidi Schrag

Location: IPC

Tuesday, September 18 ART353A	5:30-8:45PM \$39
Thursday, October 4	5:30-8:45PM
ART353B	\$39
Monday, November 5	5:30-8:45PM
ART353C	\$39
Monday, December 3	5:30-8:45PM
ART353D	\$39





NEW Stained Glass Angels by the Pair!

Let your imagination run wild by designing two stained glass angels, maybe one for your Christmas tree and one to give away as a gift! Learn to cut stained glass for the body and wings of the angel, prepare the glass for soldering, and learn basic soldering techniques to attach everything together. Personalize and embellish your angels with wire halos, arms, and legs. Materials included.

Instructor: Heidi Schrag Location: IPC

Thursday, September 20	5:30-8:45PM
ART354A	\$39
Thursday, October 11	5:30-8:45PM
ART353B	\$39
Tuesday, November 6	5:30-8:45PM
ART353C	\$39
Tuesday, December 4	5:30-8:45PM
ART353D	\$39

NEW Stained Glass Snowflake Blizzard!

Create a beautiful ensemble of three unique snowflakes by cutting different sizes of stained glass diamonds. Learn the process of copper foil stained glass and how to solder everything together. Your very own mini-blizzard of glass! Materials included.

Instructor: Heidi Schrag

Location: IPC

Monday, September 24	5:30-8:45PM
ART359A	\$39
Monday, October 22	5:30-8:45PM
ART359B	\$39
Monday, November 19	5:30-8:45PM
ART359C	\$39



NEW Stained Glass 2016 Beveled Snowflake

Every snowflake is unique! Assemble your 2016 version! Create a snowflake using bevels and stained glass diamonds! Learn the process of cutting glass, the copper foil method of stained glass and how to prepare and solder your snowflake together. Start your snowflake collection today - creating and displaying or gifting this beautiful, one-of-a-kind snowflake! To complete your collection, see the 2017 and 2018 Beveled Snowflake class, too!

Instructor: Heidi Schrag

Location: IPC

Monday, October 1	5:30-8:45PM
ART438A	\$39
Monday, October 29	5:30-8:45PM
ART438B	\$39



NEW Stained Glass 2018 Beveled Snowflake

Create a beautiful snowflake using a combination of glass gems, beveled glass, and stained glass shapes cut by you! Learn the process of copper foil stained glass and how to solder everything together. Leave class with a truly one of kind snowflake! Create a snowstorm by catching the 2016 and 2017 Beveled Snowflake classes! Materials included.

Instructor: Heidi Schrag Location: IPC

Thursday, September 27	5:30-8:45PM
ART357A	\$39
Tuesday, October 30	5:30-8:45PM
ART357B	\$39
Monday, November 26	5:30-8:45PM
ART357C	\$39









Stained Glass - Trio of Trees!

Return of a very popular class! Legend has that as winter days became shorter, the sun would eventually disappear forever. Deciduous trees, bushes and crops died or hibernated for the winter, but the evergreen tree remained green and may hold magical powers to withstand the rigors of winter! Create three holiday trees with soldering methods, all the same size or a variety of sizes. Then, use your creativity to decorate your trees - beads, wire, and buttons are provided. Just bring your imagination!

Instructor: Heidi Schrag Location: IPC

Monday, October 8	5:30-8:45PM
ART392A	\$39
Thursday, October 25	5:30-8:45PM
ART392B	\$39
Tuesday, November 13	5:30-8:45PM
ART392C	\$39
Monday, December 10	5:30-8:45PM
ART392D	\$39

Stained Glass 2017 Beveled Snowflake

Add to your beveled snowflake collection with this unique 2017 beveled snowflake! Choose different sizes of stained glass to cut into diamonds, then learn glass cutting methods and apply copper foil to prepare the glass pieces for soldering. Arrange your pieces and solder everything together to create a stunning snowflake that never melts or needs to be shoveled! Haven't started your collection? Be sure to catch the 2016 and 2018 Beveled Snowflake classes, too!

Instructor: Heidi Schrag Location: IPC

Thursday, October 18 5:30-8:45PM ART432A \$39 Tuesday, November 20 5:30-8:45PM ART432B \$39



NEW Stained Glass Fleece-Scarved Snowmen!

Make a pair of triangular snowmen with fleece scarves to keep everyone toasty warm! Learn basic glass cutting techniques to cut out the snowmen bodies and hats, then learn to prepare the glass for soldering and solder everything together. Finish up your snowmen by personalizing with fleece scarves, painted faces, buttons, and ribbon. Materials included.

Instructor: Heidi Schrag

Location: IPC

Monday, October 15	5:30-8:45PM
ART356A	\$39
Monday, November 12	5:30-8:45PM
ART356B	\$39
Thursday, December 6	5:30-8:45PM
ART356C	\$39



Community Education Instructors Wanted!

Looking for dynamic entrepreneurs, hobbyists, musicians, artists, crafts, trades, and business people to share your talents!

Youth Programmng

- Call Kelli Fahey @ 367-4384 kelli.fahey@k12.sd.us

Adult Programming

 Call Melodee Kloiber @ 367-7606 melodee.kloiber@k12.sd.us





NEW Fused Glass ArtThe Eclectic Evergreen!

Join the world of fused glass art with this delightful, whimsical evergreen with a tree slice base to display during the holidays or all year through! The Eclectic Evergreen - a chance to enjoy a shared experience of learning to cut, design, and fuse class with friends or family! Take the class mulitple times to create a forest of Eclectic Evergreens! Materials provided. Create additional trees as time allows - materials alacarte.

Instructor: Kristi Nimick

Location: Stained Glass Craftsman

 Saturday, October 6
 1:00-3:00PM

 ART210A
 \$45

 Thursday, October 25
 6:30-8:30PM

 ART210B
 \$45



NEW Fused Glass ArtOpulent Ornaments!

Tired of the same old night trip to the movie theater, bar, or (gasp!) shopping mall? Learn the intricate, yet simple art of glass fusing! Create a set of three unique, beautiful glass ornaments displayed on a clean, crisp white greeting card to give as a gift for framing or to catch the sun! Materials provided. Create additional ornaments as time allows - alacarte.

Instructor: Kristi Nimick

Location: Stained Glass Craftsman

Thursday, November 29 6:30-8:30PM ART212A \$45 Saturday, December 1 1:00-3:00PM ART212B \$45



NEW Fused Glass Art Serene Snowflakes!

Start an avalanche with your unique, crystallized fused glass phenomena! Learn techniques of glass cutting and designing to create two fragile, frostwork pieces of art. Embrace this winter wonderland with friends or family! Materials provided. Create additional snowflakes as time allows - glacarte.

Instructor: Kristi Nimick

Location: Stained Glass Craftsman

Thursday, November 15 6:30-8:30PM ART214A \$45 Saturday, November 17 1:00-3:00PM ART214B \$45



NEW Fused Glass Art Mandala Magic!

Mandalas represent wholeness and the organizational structure of life itself--a cosmic diagram that reminds us of our relation to the infinite, the world that extends both beyond and within our bodies and minds. In the realm of fused glass art, create this magical, mosaic designed mandala to gift or display proudly during the holidays or all year-round! Attached chain for instant hanging. Materials provided.

Instructor: Kristi Nimick

Location: Stained Glass Craftsman

Thursday, December 6 6:00-9:00PM ART216A \$99 Saturday, December 8 1:00-4:00PM ART216B \$99

NEW Stained Glass Series! Beginners

Fire the flames of your new passion for stained glass! This artform entails use of a soldering iron, glass cutter, and glass grinder. Don't let the tools and techniques deter you from the unique pleasure of creating your own masterpiece! Join Stained Glass Craftsman Steve Spencer to learn stained glass techniques, from choosing your pattern and glass selection to cutting glass, grinding to shape, and fitting and foiling. From tool selection and efficient soldering practices to finishing and framing; create a customized 12"x18" window to display! Go on to create beautiful windows, lamp shades, and more with your newfound skills! Materials included. Retail Manager Pepper (of the feline type) will be at the studio.

Instructor: Steve Spencer Location: Stained Glass Craftsman

4 Wednesdays, September 12 GLASS222A	6:30-9:30PM \$139
2 Saturdays, September 22	9:30-3:30PM
GLASS222B	\$139
4 Thursdays, September 27	6:30-9:30PM
GLASS222C	\$139
4 Tuesdays, October 16	6:30-9:30PM
GLASS222D	\$139
2 Saturdays, October 20	9:30-3:30PM
GLASS222E	\$139
4 Mondays, November 5	6:30-9:30PM
GLASS222F	\$139



NEW Stained Glass Light Up Your World! Tiffany-Style Lamp Shade

Beginner stained glass artists - create a Tiffany-style stained glass lamp shade in a day! Learn the copper foil method of assembly. Experienced glass artists can take their skills to a new level by building in three dimensions. With three patterns to choose from and muliple colors of glass, assemble your 12"w x 6"d x 8"h lamp shade. Lamp base not included. Materials included. Retail Manager Pepper (of the feline type) will be at the studio.

Instructor: Steve Spencer Location: Stained Glass Craftsman

Saturday, October 6	9:30-4:30PM
GLASS333A	\$139
Saturday, November 3	9:30-4:30PM
GLASS331B	\$139
Saturday, December 15	9:30-4:30PM
GLASS333C	\$139





NEW Stained Glass Window to the World!

With this fast-paced class, everyone creates the identical pattern, choosing your glass colors to make your window on the world uniquely yours! Your finished window measures 15" x 22" emphasizing lead came techniques, along with stripcutting glass. Experienced or beginner artists, amaze yourself with how quickly building a gorgeous window can be! Retail Manager Pepper (of the feline type) will be at the studio.

Instructor: Steve Spencer Location: Stained Glass Craftsman

Saturday, September 15	9:30-4:30PM
GLASS335A	\$139
Saturday, October 13	9:30-4:30PM
GLASS335B	\$139
Saturday, December 29	9:30-4:30PM
GLASS335C	\$139





NEW Stained Glass Series! Intermediate

Continue instruction to the next realm of stained glass creations with Steve Spencer to learn the techniques of incorporating lead! Learn the classic method of making a stained glass window, using lead came. With a larger window than the beginner class, incorporate thirty to forty individual pieces of glass dependent on one of ten different patterns to choose from. Materials included. Retail Manager Pepper (of the feline type) will be at the studio.

Instructor: Steve Spencer Location: Stained Glass Craftsman

4 Thursdays, October 25 6:30-9:30PM GLASS232A \$159 4 Thursdays, November 29 6:30-9:30PM GLASS232B \$159

NEW Glass Blowing!Christmas Ornaments

Yes, it's really glass blowing! Learning simplified techniques starting with clear glass bulbs or glaskolbens, pour in chunks of colored glass - frit, fire up the torch, and get it glowing red hot! Blow in the tube while spinning it to inflate the bulb with air and stretch it like a balloon. Create one large and two small ornaments. Additional ornaments as time allows alacarte. Materials Included. Retail Manager Pepper (of the feline type) will be at the studio.

Instructor: Steve Spencer Location: Stained Glass Craftsman

11:00-2:30PM Saturday, November 10 GLASS331A \$45 Saturday, November 17 11:00-2:30PM GLASS331B \$45 Saturday, November 24 11:00-2:30PM GLASS331C \$45 11:00-2:30PM Saturday, December 1 GLASS331D \$45 11:00-2:30PM Saturday, December 8 GLASS331E \$45

The Art of Stripping! Furniture Style

Take advantage of Rich Ramstad's thirty-eight years of furniture restoration experience while stripping an antique furniture piece or a pre-approved project of your own! Learn the basics of removing paint and varnish, then how to clean the furniture in preparation for staining and finishing. Increase your confidence in refinishing and restoring wood furniture, antiques, cabinets, and architectural woodwork. Discover the gems in your attic or furniture inherited from family! Preapproval needed if stripping own wood project. Call Community Education at 367-7606.

Instructor: Rich Ramstad

Location: Rich's Antique Furniture

Saturday, October 13 9:00AM-3:00PM WOOD325 9:00AM-3:00PM



NEW Screen Printing Heirloom Towels

Learn the screen printing process designed with the home hobbyist in mind! Bring a collection of family recipes, pictures, poems, or stories to screen print onto hand towels. Utilize new screen printing techniques to apply your individualized project with print ink onto fabric! These skills can be applied to screen printing t-shirts, woodwork stenciling, and many other artistic projects. Materials included for five towels. If time allows, create additional towels alacarte. Retail Manager Pepper (of the feline type) will be at the studio.

Instructor: Steve Spencer Location: Stained Glass Craftsman

2 Tuesdays, September 18	6:30-9:30PM
ART108A	\$75
2 Fridays, October 12	6:30-9:30PM
ART108B	\$75
2 Fridays, November 9	6:30-9:30PM
ART108C	\$75
2 Tuesdays, December 4	6:30-9:30PM
ART108D	\$75



Woodworking - Bookcase

Learn the basics of furniture making to construct components using traditional methods, then assemble your own bookcase. Using furniture grade plywood, build the case, then attach oak edgebanding along with the face-frame, trim, and adjustable shelving. Learn to safely use and operate the table saw, miter saw, and router. Add your favorite reading materials and settle in with winter's great reads and a cup of something warm! Materials included. Requires assembly, stain, and finish at home. Ages 18 and up or ages 14-17 accompanied by an adult.

Instructor: Kevin & Robin Hempel Location: KR Hempel Woodworking

Friday, September 28 6:00PM-9:30PM Saturday, September 29 8:00AM-6:00PM Sunday, September 30 10:30AM-6:00PM WOOD284 \$189

NEW Woodworking Traditional Pine Six Board Chest

Create a pine six board chest - a classic storage project with simple joinery traditionally handed down from generation to generation. Learn table saw, band saw, router, and other hand tool techniques to create dados and rabbets for the joinery. Assemble your chest measuring 30"w x14"d x 17"h ready to stain and finish. Materials included. Ages 18 and up or ages 14 - 17 accompanied by an adult.

Instructor: Kevin & Robin Hempel Location: KR Hempel Woodworking

Friday, October 19 6:00-9:30PM Saturday, October 20 8:00-6:00PM Sunday, October 21 10:30AM-6:00PM WOOD256 \$189



Woodworking - Band Saw Box

Using the versatile power band saw, expose yourself to various shop tools and methods to prepare your wood for your one of a kind, handmade box. Your artistic side will shine through when you shape and re-saw your box, then finish your project by flocking the inside. Ages 18 and up or ages 14 - 17 accompanied by an adult.

Instructor: Kevin & Robin Hempel Location: KR Hempel Woodworking

4 Wednesdays, October 10 6:00-9:30PM WOOD262 \$129



Woodworking Mission or Shaker Sofa or Hall Table

Furniture making for the beginning woodworker! Using pocket-hole joinery, learn the basics of furniture construction while creating your mission or shaker style sofa or hall table. Learn the safe and proper use of power tools including the table saw, jointer, planer, and router table as well as hand tools, including hand planes and chisels. Take your constructed table home to apply your stain and finish choice and display proudly! Materials included. Ages 18 and up or ages14-17 accompanied by an adult.

Instructor: Kevin & Robin Hempel Location: KR Hempel Woodworking

4 Wednesdays, November 7 6:00-9:30PM WOOD267 \$155

Woodworking Jewelry or Keepsake Box

Build a jewelry or keepsake box to proudly display or give as a gift! Using a versatile power band saw, along with other shop tools and methods, acquire the techniques for making frame and panel tops and boxes with mitered corners. Learn the safe and proper operation of a table saw, miter gauge, planer, router, and jigs to construct your box. Hand planing, splines, and installation of hinges will add the final touch! Let your creative persona "out of the box!" Take your constructed box to apply your choice of stain and finish. Materials included. Ages 18 and up or ages 14 - 17 accompanied by an adult.

Instructor: Kevin & Robin Hempel Location: KR Hempel Woodworking

Friday, December 14 Saturday, December 15 Sunday, December 16 WOOD259

6:00PM-9:00PM 8:00AM-6:00PM 10:30AM-6:00PM \$149

Woodworking Techniques Chisels & Scrappers

Join Kevin and Robin of KR Hempel's Woodworking for essential techniques of using hand-held chisels and scrappers! Gain a better understanding and comfort level using common tools in the shop. Topics include the use and types of chisels and scrappers, sharpening techniques, and safety for your woodworking and furniture making projects. Ages 18 and up or ages 14-17 accompanied by an adult.

Instructor: Kevin & Robin Hempel Location: KR Hempel Woodworking

Saturday, October 6 WOOD279

1:00-4:30PM \$45





Woodworking Techniques Band Saws

Band saws - one of the most versatile power tools in the shop to cut straight lines, curves, and re-saw lumber! Gain an understanding of band saw uses, blade selection, tuning, set up, and jigs. Join Kevin and Robin of KR Hempel Woodworking to test their shop's three band saws used for woodworking and furniture making. Ages 18 and up or ages 14-17 accompanied by an adult.

Instructor: Kevin & Robin Hempel Location: KR Hempel Woodworking

8:00-11:30AM Saturday, October 6 WOOD277

Woodworking Techniques - Routers

Join Kevin and Robin of KR Hempel Woodworking for router techniques! As go-to woodworking tools, learn the basics of hand-held routers, as well as the table router. Topics include the safe use of routers, router capabilities, bit selection, and jigs. Test-drive various routers. Ages 18 and up or ages 14-17 accompanied by an adult relative.

Instructor: Kevin & Robin Hempel Location: KR Hempel Woodworking

Saturday, November 10 WOOD281

8:00-11:30AM \$45

\$45

Woodturning 101 - Beginners

Grab a coveted seat in this popular class! Learn basic lathe set up, safety, terminology, lathe familiarization, tool selection, and basic turning techniques; then experience woodturning for the first time or expand your skills. Instructor demonstration is followed by hands-on practice of spindle turning and the artistic fun begins! Revive the art of woodturning! Equipment and supplies included. Ages 13 and up.

Instructor: Siouxland Woodturners

Location: CTE

Tuesday, September 11 6:00-8:30PM HOME303A \$35

Thursday, September 13 6:00-8:30PM HOME303B \$35

Woodturning - Intermediate Writer's Pen

In this intermediate woodturning class, select wood from several species and turn a unique and beautiful writing instrument using the lathe! Make and take a wood turned pen to revive the art of handwritten letters! Experience in Woodturning 101 or equivalent necessary. Ages 13 and up.

Instructor: Siouxland Woodturners

Location: CTE

Thursday, September 20 6:00-8:30PM HOME304 \$39



"I think I created a wood working monster! Let me know about upcoming woodworking & woodturning classes - I would like to feed his beast!" ~ Krystle - Wife of Clint

NEW Woodturning - Intermediate Wood Platter or Tea Lights

Take the mystery out of faceplate turning, producing a beautiful, useful wood platter! Using 1 1/2"x2" thick wood of various diameters, a faceplate, and basic tools - bowl gouges, a parting tool, and a roundnose scraper. Use your creation as a serving plate, charger, centerpiece, or wall display or give as a fabulous gift! Woodturning 101 or equivalent required. Ages 13 and up.

Instructor: Siouxland Woodturners

Location: CTE

Tuesday, September 18 6:00-8:30PM HOME324 \$39



Woodturning - Intermediate Coffee or Ice Cream Scoop or Ice Cream Paddle

Take your new-found woodturning passion to the next level with mandrel turning to create a coffee scoop, ice cream scoop, or ice cream paddle! Learn tool requirements, material selections, mounting your blank, turning, sanding, finishing, and assembly. All scoop or paddle materials included. Woodturning 101 or equivalent required. Ages 13 and up.

Instructor: Siouxland Woodturners Location: CTE

Tuesday, September 25

6:00-8:30PM \$39

HOME330

Woodturning - Intermediate Bottle Stoppers!

A good bottle of wine or oil deserves an equally classy bottle stopper! Try your artistic hand at turning a small block of wood into a work of art to adorn a wine bottle or kitchen decanter! Choose from a variety of woods, then create using a woodturning lathe, basic turning tools, and your skills. Turn and assemble one stopper of your own design. Experience in Woodturning 101 or equivalent necessary. Ages 13 and up

Instructor: Siouxland Woodturners

Location: ČTE

Thursday, September 27

HOME316

\$39



Bangle Style Bracelets!

Try your newly aquired woodturning skill at bangle-style bracelets! Because wood is a natural product, this balanced bracelet will have a wonderful texture! Learn faceplate turning with the grain running perpendicular to the lathe bed, along with the use of standard bowl gouge and parting tools. Methods of personalizing your bracelets using detailing tools, wood burning, inlays, gems, multiple wood species, or segmented turnings will be discussed. Experience in Woodfurning 101 or equivalent necessary. Ages 13 and up.

Instructor: Siouxland Woodturners

Location: CTE

Tuesday, October 2 HOME317

6:00-8:30PM \$39



Woodturning - Intermediate Natural Green Wood Bowl

Bowls are a favorite project for woodturners, providing functional, beautiful creations for your own home, friends, and family. Learn to select a desirable blank, set it up on the lathe, rough turn and finish turning between centers. Numerous wood blanks will be available and drying and finishing will be discussed. Woodturning 101, equivalent, or experience turning between centers necessary. Ages 13 and up.

Instructor: Siouxland Woodturners

Location: CTE

Thursday, October 4

HOME311

6:00-8:30PM

\$39





Banjo Bootcamp! **Beginners**

Join local musician Steve McFarland as he shares his latest passion...banjo playing! Grab your banjo to learn basic chords, drones, and rolls along with "Claw Hammer" and "Scrugg's" style fingerpicking! From hillbilly boogie and bluegrass, to honky tonk and folk music, you'll be pickin' and grinnin'! Bring your banjo, tuner, thumb and finger picks.

Instructor: Steve McFarland Location: Robert Frost

6 Tuesdays, October 23

MUSC285

7:45-8:45PM \$79



Ukulele Bootcamp!

Join local musician Steve McFarland as he introduces the soothing sounds of the islands on the ukulele! Learn the origin of the instrument, basic tuning chords, and strumming techniques. Instruction includes Tiny Tim's "Tiptoe Through the Tulips," traditional island songs, and other current hits! Grab your uke and take up this enjoyable, relaxing and highly addictive instrument! Bring your own ukulele.

Instructor: Steve McFarland Location: Robert Frost

6 Tuesdays, October 23 6:30-7:30PM MUSC276



\$79

Mahjong Chinese Game of Brain Skill!

Mahjong, Mahjongg, Mah Jong, Mah Jongg - However you spell it, mahjong is serious exercise for your brain! Learn the basics of this brain game using ceramic/ plastic tiles. This historically Chinese game has elements of rummy, pattern matching, and card playing. Learn to play the American or Western version of mahjong, for three, four, or five players. The Official Standard Hands card of the National Mahjong League is included in your class fee. Join the clicking of the tiles while exercising your brain and building new friendships! Ages 13 and up.

Instructor: Cathy Schneider Location: IPC

6 Tuesdays, September 4	10:00-NOON
GAME766A	\$49
6 Tuesdays, September 4	2:00-4:00PM
GAME766B	\$49
6 Tuesdays, September 4	6:00-8:00PM
GAME766C	\$49

NEW Volaré - To Fly!Introduction to Drones

Volaré Project's Nate Hofflander insists that drones are more than toys, they are tools used in a variety of industries. Through presentations and hands-on learning, explore the basics of drone flight, safety, and operation. Learn how drone technology increases efficiency, decreases risk for workers in the field, and provides new perspectives to the work we do every day. Discuss common uses across multiple industries and explore popular drone models available today. "Once you have tasted flight, you will forever walk the earth with your eyes turned skyward, for there you have been, and there you will always long to return." This quote by Leonardo da Vinci expresses the feeling after commandeering a drone!

Instructor: Nathan Hofflander

Location: IPC

4 Tuesdays, October 23 COMP422 7:00-8:30PM \$89





Surviving the Amazing Race! Downtown Sioux Falls

Join Season One Survivor contestant Mitchell Olson on this scavenger hunt to solve witty, tricky questions while exploring our scenic, colorful, bustling downtown Sioux Falls - a tour spiked with fun facts! Fans of the popular reality show will love our Sioux Falls version - no passport required! Grab your camera, family, and friends or be teamed with new acquaintances for teams of two to six players for this friendly Amazing Race! No knowledge of the location is required, just bring a sharp mind and a good pair of shoes. Your adrenaline will be running long after the race!

Instructor: Mitchell Olson

Location: Orpheum Theater Awning

Saturday, October 20 2:00-4:00PM GAME768A \$25 per person/\$39 for two

Saturday, October 27 2:00-4:00PM GAME768B \$25 per person/\$39 for two



Going Further with iPad

Mastered the basics of iPad and ready to expand your knowledge? Learn the built-in apps, including the camera and iPhoto, how to manage photos, make slide shows, transfer pictures onto your computer, Notes, Messaging, the benefits of iCloud, Facetime, and more! Become familiar with the features and productivity power of your iPad! Bring your iPad and log in information. Other tablets not applicable. Getting Started with iPad or equivalent required. Instructor: Marta Hoffman & Ginny Gustad

Wednesday, October 10 COM166

Location: IPC

6:00-8:00PM \$29

Getting Started with iPad & iPhone

Discover and explore iPad and iPhone basics - from settings to customized backgrounds, purchasing apps, creating folders, surfing the web, emailing, navigating, taking notes, shooting photos and videos, listening to music, and more! Expert tips and techniques for getting the most out of your iPad and iPhone! Bring your iPad or iPhone and log in information. Other tablets and phones not applicable.

Instructor: Marta Hoffman & Ginny Gustad Location: IPC

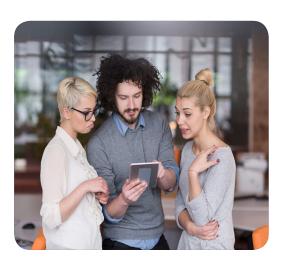
2 Mon/Wed, September 24 COMP161A

6:00-8:00PM \$39

2 Mon/Wed, October 1 COMP161B

6:00-8:00PM \$39





All Classes Open to Youth Unless Specified

















DSLR Photography - The Basics

Designed for the absolute beginner photographer! Cover the care and maintenance of your new camera, installing your camera battery, formatting memory cards, setting image quality, switching lenses, camera mode dial, and other basic features of your camera. Bring your DSLR camera and camera manual.

Instructor: Casey LaBue

Location: IPC

Tuesday, September 25 COMP412

6:00-8:00PM \$35



NEW DSLR Photography Understanding Light

Light up your world as a trained photographer! Photography by definition is the study of light. The more you know as a photographer about the properties, qualities, and characteristics of lighting, you can produce better quality images. Learn the fundamentals of seeing light and the difference between natural and artificial lighting. Bring your DSLR camera and

Instructor: Casey LaBue Location: IPC

camera manual.

Monday, December 3 COMP416

6:00-8:00PM



NEW DSLR Photography Off Auto-Pilot

Go ahead! Turn that dial! Take your camera off automatic settings and explore complete creative control by getting off the manual mode! Learn metering, exposure, aperture, shutter speed, ISO, setting focus, histograms, drive modes, and workflow. Bring your DSLR camera and camera manual.

Instructor: Casey LaBue Location: IPC

2 Mondays, October 1 COMP414A

6:00-8:00PM

2 Thursdays, October 25 COMP414B

6:00-8:00PM \$89





Microsoft Excel 102

Give me formulas! Build on your basic knowledge of Excel database program and learn advanced functions such as IF, VLOOKUP, CONCATENATE and RANK. Learn about naming ranges, using links in formulas, format painter, protecting cells, conditional formatting, and MANY more tips and tricks! Even those who use Excel every day learn new things in this class! Computers provided for this two-part, hands-on course. Microsoft Excel 101 or equivalent required.

Instructor: Britta Berry Location: IPC

4:00-6:00PM 2 Wednesdays, November 28 COMP173 \$55

Excel Accelerated! 101, 102 & 103

Join Britta Berry for this quick-paced accelerated Excel 101, 102, and 103. See descriptions above. Computers provided for this hands-on course. See descriptions above - Excel 101, Excel 102, and Excel 103.

Instructor: Britta Berry Location: IPC

3 Mondays, October 29 COMP118

5:00-8:00PM \$129

Microsoft Excel 101

Spreadsheets and databases are everywhere! Learn to use Excel in your home or office to improve your efficiency. Gain knowledge in the basics of this database software including: parts of the screen and their functions, customizing Excel, keyboard shortcuts, sorting and filtering data, formatting, printing, simple math functions, charts, and MANY tips and tricks! Even those who use Excel every day learn new things in this class! Computers provided for this two-part, hands-on course.

Instructor: Britta Berry

Location: IPC

2 Wednesdays, September 26 4:00-6:00PM COMP172A \$55

\$55

4:00-6:00PM 2 Wednesdays, October 17 COMP172B

Microsoft Excel 103

Macros and more! Increase your efficiency and make life easier with macros, which have the ability to automate complicated processes within Excel. Expand your knowledge of Excel and write your own macros. Join us for advanced skills including 3D-formulas and data validation, along with MANY more tips and tricks! Computers provided for this hands-on course. Microsoft Excel 101 and 102 or equivalent required.

Instructor: Britta Berry Location: IPC

Wednesday, December 19 4:00-6:00PM COMP174 \$35



Introduction to Basic Computer Applications

Right click to copy and paste the what into where? Join this hands-on course packed with fantastic explanations and step-bystep demos for the novice computer user! Basic computer skills such as keyboarding, mouse click technique, creating documents, and folders will be covered, as well as an introduction to Internet Search Engines (Google) and Microsoft Word. Even those who use computers every day learn MANY new tips and tricks in this class! Computers provided for this hands-on class.

Instructor: Britta Berry Location: IPC

Monday, September 10 5:00-8:00PM COMP232A \$39

Monday, December 10 5:00-8:00PM COMP232A \$39



PowerPoint 101

According to some sources: More than 30 million PowerPoint presentations are made each day. Make your slide show presentations stand out from the crowd with this hands-on course! Learn to create slide shows, incorporate media such as videos and music, manipulate text and graphics, incorporate data tables and charts, and much more! Tips and tricks for public speaking included to assure you and your slide show reflect a polished public presentation! Bring a flash drive for class materials. Hands-on, computers provided.

Instructor: Britta Berry Location: IPC

Monday, October 8 COMP242 5:00-8:00PM \$39

Microsoft Word 101

Our world revolves around Microsoft Word - are you out of the loop? Whether a beginning computer user or a veteran Word user, explore this document creation program and its many uses. Learn the parts of the screen and their functions, formatting, printing, inserting pictures and tables, columns, bullets and lists, headers and footers, saving as a PDF, auto-text, and much more! Learn two ways to create a mail merge using Microsoft Word and Excel databases to create mailings quicker and easier. Hands-on, computers provided.

Instructor: Britta Berry Location: IPC

Monday, September 17 COMP234

5:00-8:00PM \$39

Quickbooks Online Beginners

Click where? Record how? Debit or credit what? Sound all too familiar? Learn the basics of Quickbooks Online - the leading accounting software for small to medium sized business. Course highlights core accounting functions such as receiving payments, paying bills, entering expenses, recording transactions, and completing bank reconciliations. Learn payroll processing, submitting payroll taxes, running financial reports, and using the business dashboard. Navigate Quickbooks Online effortlessly!

Instructor: Premier Bookkeeping Location: IPC

2 Tuesdays, October 16 COMP241 4:00-6:00PM \$69





NEW Creative Branding Strategies

From brand awareness and customer acquisition to retention and loyalty, empower your business or product through brand marketing! Learn the branding process - from new terminology and concepts to brand creation and context for marketing design. Through the deconstruction of both successful and unsuccessful branding campaigns, examine a variety of branding case studies along with the positives and negatives encountered. Strategically focus on branding through platforms and advertising vehicles that achieve brand objectives - maximize goals of awareness, loyalty, advocacy, image, and brand association. Position your market identity, position your brand! Networking opportunities, coffee, and cookies provided.

Instructor: Eleanor Ruthenbeck

Location: IPC

Saturday, November 3 BUSN911 9:30AM-NOON \$99

Time Management & Organization

What would you do if you had less stress and more time? Wouldn't you love to spend more quality time with the people and activities you love? Improve your efficiency at both work and home through engaging time management and organization activities and discussions. Delve into these skills - from managing your inbox and mail, juggling deadlines and appointments to prioritizing and adopting good habits and methods - organize your life!

Instructor: Britta Berry

Location: IPC

Monday, November 19

COMP242

4:00-6:00PM \$39



Underwater Adventure! Scuba Dive Certification

Experience the underwater world! Become part of an eco-system, taking it to your limits! Whether interacting with colorful schools of fish or diving alongside a pod of dolphins, gain the necessary skills and knowledge to safely participate in open water dives through this three phase PADI Open Water Scuba Diver course. From the physics and physiology to the equipment and dive planning, discover the sport of scuba diving with the three phases of certification. Certification sponsored by LandShark Scuba & Dive. Call Community Education at 367-7606 for more information.





Get your toes wet and join us down under! Experience scuba diving first-hand before making a commitment to a full PADI scuba diving certification. In a confined water setting, the professional staff at LandShark Scuba & Snorkel Center assist you throughout your scuba diving experience. Plan a vacation get-a-way or a unique date night and include this underwater experience! Equipment provided, bring swimsuit, towel, and a smile! Meet at LandShark for classroom instruction and proceed to Sanford Wellness Center's pool-49th Street. Ages 12 years and up.

Instructor: Colonel Echols Location: LandShark Scuba

& Sanford Wellness Center





















Wednesday, August 29	6:00 - 9:30PN
DIVE255A	\$42
Tuesday, September 18	6:00 - 9:30PN
DIVE255B	\$42
Tuesday, October 23	6:00 - 9:30PN
DIVE255C	\$42
Tuesday, November 13	6:00 - 9:30PM
DIVE255D	\$42
Tuesday, December 11	6:00 - 9:30PN
DIVE255E	\$42



NEW ¡Bienvenidos! Spanish for **Beginners Level II**

Become more conversational and comfortable in Spanish-speaking situations, whether you are planning a trip to a Spanish speaking country or just want to understand your children's Spanish conversations! Guided practice will include new vocabulary, pronunciation, and Spanish parts of speech to help you speak and understand Spanish in a snap. Plenty of opportunity to practice your pronunciation and improve your Spanish fluency.

Instructor: Esperanza Langle Location: Sonia Sotomayor

6 Mondays, November 5 5:30-7:00PM COMM611

Russian for Beginners

Russia evokes images of a country rich in history, traditions, and culture! Gain understanding of Russian culture through its rich language. Learn the fundamentals of Slovenian language including the alphabet, basic vocabulary, and simple phrases for easy communication. Yelena Balashova, native of Russia, helps you gain a deeper understanding of the English language through this knowledge of Russian.

Instructor: Yelena Balashova

Location: IPC

6 Tuesdays, October 2 COMM405

6:00-8:30PM \$79

¡Bienvenidos! Beginner Spanish Level I

Imagine yourself speaking, reading, and writing Spanish! Learn the fundamental skills and conversational patterns of the Spanish language, including the basics of Spanish pronunciation of colors, numbers, names, and areetinas. Practice and converse with your instructor and classmates!

Instructor: Esperanza Langle Location: Sonia Sotomayor

6 Mondays, September 24 5:30-7:00PM COMM601A \$79

Instructor: Ivanna Kusijanovic Location: Sonia Sotomayor

6 Tuesdays, November 6 7:00-8:30PM COMM601B \$79



Russian Intermediate

Continue to delve into the rich Russian culture through language. Practice your present Russian language skills, acquire new skills by listening, understanding, and responding easily, naturally, and fluently. Russian for Beginners or equivalent knowledge required.

Instructor: Yelena Balashova

Location: IPC

\$79

6 Tues/Thurs, November 27 6:00-8:30PM **COMM408**

\$79

INTEREST

NEW French for Beginners

Bonjour! Learn the basics to communicate with beautiful French language in a fun, light atmosphere! Become comfortable with greetings, introductions, and basic questions as you progress your learning of this popular language. With focus on a variety of vocabulary - food, clothing, and family, learn the fundamental elements of the French language within a cultural context.

Instructor: Amy & Ryan Clay Location: IPC

6 Tuesdays, November 13

COMM659

6:00-8:00PM \$89

Immerse Yourself in American Sign Language - Beginner

Support communication with individuals with hearing loss, infants, children, and the aging people in your life with American Sign Language! Acquire a functional understanding of ASL including the manual alphabet A - Z, common work-related signs, days of the week, colors, foods, and useful expressions in a natural conversational environment. Immerse yourself in silence to learn this quiet form of communication! Ages 13 and up. If younger, please call 367-7606.

Instructor: Mark Koterwski Location: IPC

6 Thursdays, September 27 **COMM385**

\$79

6:30-8:00PM



Immerse Yourself in American Sign Language - Intermediate

Continue your American Sign Language instruction to support communication with individuals with hearing loss, infants, children, and the aging people in your life! Reinforce the skills learned in beginner class and add useful, basic sentences for home, work, school, and community for a natural conversation! This quiet form of communication speaks volumes! Immerse Yourself in Sign Language - Beginner or equivalent knowledge required. Ages 13 and up.

Instructor: Mark Koterwski Location: IPC

6 Thursdays, November 8 6:30-8:00PM **COMM389** \$79

"Thank you for teaching this class! It has been something I look forward to every Thursday! (Mark) has been a delight to learn from!" ~ Devin - Student **Immerse Yourself** in Sign Language



INTEREST



Retirement Planning Today!

Learn to manage investment risks, take advantage of new tax laws, make informed decisions on company retirement plans, and adjust your estate plan to function properly under current laws. Money is only one aspect of retirement planning. Blend financial education with life planning to build wealth, align your money with your values, and achieve your retirement goals. Course includes a 225-page illustrated textbook. Registration fee is for two people.

Instructor: William Perry

Location: IPC

2 Thursdays, September 27 6:30-9:30PM FIN411A \$59 2 Saturdays, September 29 9:00-12NOON

2 Saturdays, September 29 9:00-12NOON FIN411B \$59

2 Tuesdays, October 2 6:30-9:30PM FIN411BC \$59



Rejuvenate Your Retirement!

Making your money last throughout retirement has never been more challenging! Identify the primary threats to your retirement savings to preserve a comfortable lifestyle! From enjoying travel, hobbies, sports, crafts, business ventures, and lifelong learning to aligning your investments with your attitudes, risk tolerance, and objectives; from maximizing tax efficiency of mutual fund and IRA withdrawals to evaluating and planning health care, long-term care, and end-of-life decisions; join William Perry to rejuvenate your retirement life plans!

Instructor: William Perry Location: IPC

2 Tuesdays, October 23 9:15-11:30AM FIN421A \$59

2 Wednesdays, October 31 9:15-11:30AM FIN421B \$59

NEW Kindergarten to College! College Savings Planning

Create the expectation, very early and throughout your child's life, that higher education is both a desirable, and more importantly, an achievable goal! Early intervention and continued parental involvement dramatically increase the probability that your children will realize the goal of higher education. Learn great strategies available to reduce the stress of financial strains and how to successfully take advantage of great savings methods! It's never too early or too late to address the cost for higher education for your kids, grandkids, neighbors, or friends! Registration fee is per person, couple, or family.

Instructor: Mark Opp Location: IPC

Tuesday, November 6 6:30-8:00PM FIN211 \$29

INTEREST

NEW 7 Habits of Highly Effective Older Adults

Plan and take control of life's third stage, battle memory loss, and more! Blendina the elements of Stephen Covey's 7 Habits of Highly Effective People with your instructor's Principles of Positive Aging, learn to take control of your future by being more proactive. Look at the world through new paradigms! Commit to break the perceptions grounded in the way older adults are portrayed and referred to at every level of society.

Instructor: Dick Ambrosius

Location: IPC

Tuesday, October 30 6:30-8:00PM \$35

WELL826

NEW Choices & Changes **Aging Life Plan**

Get the most from life through positive, proactive life planning while addressing all dimensions of well-being. Discover the damage done to both health and memory by negative aging stereotypes and how to counter them. Learn the Six Dimensions of Well Being - mental, emotional, physical, spiritual, environmental, and social that effect your life, then build a plan for a healthier, more positive and productive future. Includes a basic life planning workbook to begin your journey.

Instructor: Dick Ambrosius Location: IPC

Tuesday, November 13

6:30-8:00PM WELL830 \$35

NEW Brain Fitness!

High blood sugar, blood pressure, cholesterol, stress levels, and weight issues increase the risk of heart disease, but these same factors play a key role in a higher risk of Alzheimer's and other forms of dementia. Highlighting the challenges life gives us, learn the keys to delay or even prevent memory loss in later life. Train your brain for a great future while examining the results of research on memory and brain fitness and new products and services to help evaluate your brain fitness and create a plan for you!

Instructor: Dick Ambrosius

Location: IPC

Tuesday, November 20

WELL832

6:30-8:00PM \$35

NEW The Power of Positive Aging

Words matter. Don't accept the "selffulfilling prophecy" that memory loss is a natural part of the aging process. Join this interactive examination of aging myths and realities while learning techniques to avoid becoming a victim of premature aging and decline. Focus on prevention and positive planning to live your best life!

Instructor: Dick Ambrosius

Location: IPC

Tuesday, November 6

WELL828

6:30-8:00PM \$35



NEW Positive Aging Series

Discover who you are in your third phase of life and embrace a plan for a life-fulfilling future of being and becoming. Discover a better understanding of what is possible for your body and mind as you live longer.

- 7 Habits of Highly Effective Older Adults
- The Power of Positive Aging
- Brain Fitness!
- Later Life Planning 6 Keys to Future Well Being

Instructor: Dick Ambrosius

Location: IPC

4 Tuesdays, October 30 WELL844

6:30-8:00PM \$119

ONLINE

OPPORTUNITIES FOR INDIVIDUALS, BUSINESS OWNERS, ENTREPENUERS, EMPLOYEES





UGotClass ONLINE LEARNING!

Community Education's partnership with UGotClass and ed2go enables us to offer online certificates and courses for many professional level in-demand occupations for the 21st Century.

Our programs are designed by a team of professionals from each respective field, providing you with effective web-based learning programs.

We offer certificates, CEUs, ILUs, and some courses even have optional graduate credit.

Marketing | Health Care | Fitness
Business | Professional
IT | Software Development
Management | Corporate
Media & Design | Hospitality
Gaming | Skilled Trades | Industrial



ONLINE

HUMAN RESOURCE DEPARTMENTS, LIFE-LONG LEARNERS & EMPLOYERS

ed2go ONLINE LEARNING!

Whether you're looking for professional development or personal enrichment, ed2go online courses are the perfect way to learn a new skill or enhance your existing ones.

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Instructors are actively involved in your online learning experience, responding to questions or concerns, in a supportive community of learners.



Hundreds of classes to choose from!

Business | Health Care | Web Design Graphic Design | Language Computer Applications Legal | Ethics | Education Creative Writing | Photography | Arts





GOLD & GIFTS

Youth...the best time of your life? We don't think so!

Join the District's Gold Card Program ... and have the time of your life!

As a valued Gold Card member, enjoy the following perks:

- Discounted entrance fee to public school sporting & fine art events
 - Invitations to 3 Gold Card events per year!
 - Community Education catalogs mailed directly to you!



Membership is FREE! Ages 60+!

Applications for Gold Cards are available in all public school front offices, the Instructional Planning Center, or call 605-367-7999

Give the gift of a Community Education gift certificate...



Birthdays, Holidays - or whatever the day -

Certificates are available in \$20, \$30, \$40, or \$50.

Not redeemable for cash.

If class cost exceeds certificate amount, recipient must pay excess cost.

PRESCHOOL

2019-20 School Year Registration Available January 2019



LEARNING ADVENTURES PRESCHOOL

Early **DEVELOPMENT** is fundamental to the **GROWTH** of your child.

Discovery, Harvey Dunn, John Harris & Sonia Sotomayor

Classes run Mondays through Thursdays (Transportation is the responsibility of the parent/guardian.)



Questions? 605-367-7606



For more information please visit:

www.sf.k12.sd.us - Preschool

In an effort to provide a safe, respectful educational environment, the District prohibits discrimination in its policies, employment practices and programs on the basis of race, color, creed, religion, age, gender, sexual orientation, disability, national origin or ancestry. In addition, the District shall not discriminate in the opportunities for students on the basis of parental status, marital status, or pregnancy, nor shall such students be excluded from any program or activity, including any class or any extracurricular activity. Prohibited acts of discrimination include racial, sexual, ethnic or other types of slurs, insults, intimidation, harassment and other conduct directed toward another person in accordance with Title II of the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 (discrimination based on disability); Title VI of the Civil Rights Act of 1964 (discrimination based on national origin or race); Title IX of the Education Amendments of 1972 (discrimination based on gender); and the Age Discrimination Act of 1975 (discrimination based on age).

Individuals with concerns or inquiries about discrimination are encouraged to attempt to resolve the grievance informally by working with the administrator most directly involved in the situation. If resolution is not achieved, the following persons have been designated to handle inquiries and formal complaints regarding the application of non-discrimination policies:

Assistant Superintendent, 201 East 38th Street, Sioux Falls, SD 57105-5898, (605) 367-7816.

Section 504 (discrimination based on disability): Supervisor-Health Services, 201 East 38th Street, Sioux Falls, SD 57105-5898, (605) 367-7933.

Policy and Regulation AC and AC-R (Foundations and Basic Commitments), which outline specific policy and grievance procedures, can be found on the Sioux Falls School District web site at www.sf.k12.sd.us or can be obtained from any school facility office.

In the event resolution of discrimination issues has not been addressed by the District, inquiries may be referred to the Kansas City Office, Office for Civil Rights, US Department of Education, 8930 Ward Parkway, Suite 2037, Kansas City, MO 64114-3302, Phone: (816) 268-0550, TDD: (877) 521-2172, FAX: (816) 823-1404, email OCR. KansasCity@ed.gov.

For Relay services for the hearing impaired: dial 711, then the desired number.



NEW Omaha - Upstream Brewing Co. Dining, Old Market & School of Rock at The Orpheum!

Grab your friends to embark on a chartered bus to 'rock' into Omaha for a great dining and dessert experience at The Old Spaghetti Works, Old Market shopping, and the Orpheum Theatre matinee production of School of Rock! "AN INSPIRING JOLT OF ENERGY, JOY AND MAD SKILLZ!" Enjoy Dewey Finn, a failed, wannabe rock star who decides to earn a few extra bucks by posing as a substitute teacher at a prestigious prep school. There he turns a class of straight-A students into a guitar-shredding, bass-slapping, mind-blowing rock band. While teaching these pint-sized prodigies what it means to truly rock, Dewey falls for the school's beautiful, but uptight headmistress, helping her rediscover the wild child within. This high-octane smash delivers face-melting guitar riffs and touching romance in equally awesome doses! SCHOOL's in – FOREVER! Includes light breakfast, gift bag, lunch at The Old Spaghetti Works, and Orpheum tickets. Supper on your own - stop in Missouri Valley.

April 27, 2019 TRIP414





7:45AM-8:30PM

\$159

Junkstock @ Sycamore Farms 2018!

Juried junk, vintage finds, unique antiques, handmade artisan food and goods, one-of-a-kind repurposed relics, tasty eats, and groovy tunes - Peace, Love, Music, and Junk! Hop on our modern "hippie van" and join us for a full day of incredible junkin', out of this world food trucks, and groovy bands! Rock the fields, stables, barns, and arenas at this unique shopping experience at Sycamore Farms in Waterloo - Woodstock style! Be sure to visit Love Lane, White Rabbit Road, Freedom Field, Peace Pasture, and Free Bird Barn! Missed Woodstock?

Don't miss Junkstock - your round-trip ticket back to the 70's! Includes light breakfast, coffee, door prizes, and entry to Junkstock! Lunch and supper on your own.

Saturday, September 29 TRIP269 6:30-7:30PM \$65





"Our trip to Italy was great! We had a nice mix of people & a fun group!

Very impressed with Denise (our tour guide) & Collette!

Would highly recommend this trip!"

~ Scott & Julie E.

World Travelers



NEW Exploring South Africa, Victoria Falls & Botswana Collette Travel

Travel the world with Community Education and Collette Travel for this amazing, unique opportunity to explore South Africa, Victoria Falls and Botswana in April 2019! Epic scenery, abundant wildlife, winding coastlines and remarkable cultural diversity come together in an incredible fourteen day adventure!

Head out for an African sundowner by 4x4 to enjoy the sunset, spend cultural-enriching time at a local village in Zimbabwe, meet and interact with African elephants, enjoy seven wildlife safaris in search of the "Big Five," step aboard a cable car to be whisked atop Table Mountain, and take a walking tour in the quaint seaside village of Hermanus. Savor a true African dining experience with a hand-washing ceremony, sample a variety of South African wines, and dine under the stars during your stay in a nature conservancy. Explore Cape Town, Table Mountain, Stellenbosch, Entabeni Conservancy, Victoria Falls, Chobe National Park to name a few highlights!

April 10 - 23, 2019

Rates are per person. Range - \$8849 Single - \$7599 Double For Informational Webinar Link & Brochure - call 367-7606





NEW Iceland: Land of Fire & Ice - Collette Travel

Travel the world with Community Education and Collette Travel on this amazing, unique opportunity to explore Iceland: Land of Fire & Ice - September 1st - 9th, 2019! Marvel at Iceland's spectacular scenery and engaging culture during this fascinating nine day journey! Learn about the 400-year tradition of catching and preserving Greenland Shark, gain a local's perpective of Raykjavik on a walking tour, and explore Skógar Folk Museum, covering all aspects of Icelandic life! Cruise on the ice-strewn Jökulsárlón Glacial Lagoon, gliding past icebergs, then on to the Golden Circle, one of many of Iceland's natural wonders, and journey to the spectacular Gullfoss waterfall. Savor Icelandic cuisine at popular restaurants and try an Icelandic delicacy - cured "Hákarl."

September 1 - 9, 2019 Rates are per person

TRAV625

Early Book Rates Single - \$6299 Double - \$5299 Triple - \$5249 Join us for coffee & presentation October 2, 2018 - 6:00-7:00PM

For Informational Webinar Link & Brochure - call 367-7606





NEW Niagara Falls & Heritage Highlights Premier World Discovery

Join Community Education and our Premier World Discovery for our 2019 Niagara Falls and Heritage Highlights travel excursion! Travel with us to partake in the spendor of Niagara Falls, Canada, and heritage highlights featuring Amish country, Washington, D.C., and Williamsburg! Experience Niagara Falls on a city bus tour, followed by the breathtaking, legendary boat tour! Visit an Amish farm and residence in Lancaster Country, partaking of a family style dinner in this Dutch country! Visit Gettysburg Military Park, Independence Hall, Arlington National Cemetery to visit the Kennedy grave sites, and the famous Changing of the Guard at the Tomb of the Unknown Solidier, the Smithsonian Institution, along with Mt. Vernon - George Washington's beautiful estate overlooking the Potomac River, and colonial Williamsburg - a living history museum! Nine days of seeing and living our countries attractions and history!

September 24 - October 2, 2019

Rates are per person. Double occupant - \$3075

TRAV324

Join us for coffee & presentation September 11, 2018 - 6:30-7:30PM



NEW Cape Cod & The Islands - Premier World Discovery

Join Community Education and Premier World Discovery for Cape Cod and the Islands with memorable excursions to Boston, Martha's Vineyard, Nantucket, and Newport! After your flight to Boston, enjoy your Hyannis tour to learn the history of the Kennedys and this seaside resort. Enjoy the re-creation of Plymouth Plantation - an accurate pilgrim 1927 village, Plymouth Rock, and on to Nantucket Island to board a ferry and cruise to the scenic and historic island. Then, on to Boston for a city tour which includes a stop the Old North Church, Beacon Hill, and Old Ironsides. Next stop - Martha's Vineyards to experience the colorful Victorian cottages and stately houses, pristine beaches, colorful yacht harbors, and lighthouses. Visit Newport, Rhode Island for highlights and travel the "Ten-Mile-Drive" along the magnificent rocky coast! Toast your tour with new friends with a traditional New England lobster dinner!

October 6 - 12, 2019 Early book rates are per person. Double Occupant - \$3075 TRAV324 Join us for coffee & presentation September 11, 2018 - 6:30-7:30PM





HOME



NEW For the Love of Trees! Tree Identification

Join arborist Richard Mayko for a walking tour and this easy step-by-step process to identify a tree simply by the kinds of leaves, bark, berries, cones, or needles it produces! Identify common trees in our South Dakota region of North America. Great for everyone from young students to professional arborists! "The cultivation of trees is the cultivation of the good, the beautiful, and the ennobling in man."

- J. Sterling Morton.

Instructor: Richard Mayko

Location: IPC

Monday, September 17

HOME209

\$29

6:30-8:00PM \$25

NEW A Walk in the Woods!

Take a guided walk offering great insight into the history of East Sioux Falls and the Mary Jo Wegner Arboretum. See the majesty of old-growth trees with the largest Bur Oak tree in South Dakota and visit various locations to explore the native plants and trees at the Mary Jo Wegner Arboretum.

Instructor: Diane Gildemaster

Location: Mary Jo Wegner Arboretum

Saturday, September 15 10:00-11:00AM

WELL208



NEW Nature's Winter Floral!



Instructor: Diane Gildemaster Location: Mary Jo Wegner Arboretum

Saturday, December 1 WELL212 10:00-11:00AM \$29



HOME

Health of the Coop! Basic Chicken Medicine

You've started your backyard adventure and are finding your chickens are curious, friendly, and make wonderful pets! They're a great source of eggs and allow you to take an active part in the local and sustainable food movement. However, chickens can become ill or injured and may require periodic veterinary care. Learn the basics of home medical care to keep your flock healthy and happy!

Instructor: Stephanie Peterson Location: IPC

Tuesday, October 9 6:30-8:30PM HOMF178 \$35

Fruit of the Coop! **Backyard Chicken Keeping**

Love fresh eggs and considering raising your own flock? Already a seasoned urban chicken farmer? Sioux Falls city ordinace allows homeowners to raise six chickens in the backyard - hens only - no early sunrise roosters! Learn all aspects of backyard flock management from raising chicks to coop and run requirements, feed and nutrition to common health issues, and more! Get in touch with your inner farmer and start wrangling your own flock of chickens and reaping the benefits!

Instructor: Stephanie Peterson

Location: IPC

6:30-8:30PM Tuesday, January 15 HOME175 \$35





NEW Airbnb Curiosity!

Whether opening your home to travelers or booking a stay, Airbnb have you curious? Practical information for the Airbnb host or guest from an experienced host and guest of Airbnb accommodations and hospitality! Discuss the basics of staying and hosting, walk through the online interface, and receive assistance with the first steps of setting up an app. Discuss experiences, receive advice on things to be aware of, and pointers on the unique Airbnb code of conduct, both written and unwritten that guides this new demographic of traveler. If experiences are what you crave, Airbnb is offering something more! Bring your laptop, tablet, or smartphone.

Instructor: Natalie Sorenson Location: Caribou Coffee

Tuesday, October 23 INTR411

6:00-8:00PM \$35

CULINARY



NEW Seriously Italian Pizza & More!

American's favorite meal! Ditch the take out, frozen, and delivery - create a family baking tradition at home! Join Chef Stacy to create your quick and easy crust, made-from-scratch pizza sauce, ready for all your favorite toppings! From New York style thin crust to Chicago style thick crust along with unique toppings, your family will schedule pizza night! Use this recipe to create rustic pizza crust, calzone, breadsticks, desserts, and more! Hands-on class of creating and tasting! Bring a round pan or baking sheet.

Instructors: Chef Stacy Fisher Location: CTE

Tuesday, October 2

CHEF128

6:30-8:30PM \$49

Of Russian Origin... Borsch Beet Soup!

Join Russian native Yelena Balashova as she shares a little history and her culinary delight preparing this traditional, hearty Russian soup - Borsch! Experience the flavors and warmth to your belly with this Eastern Europe and Russian soup known for its distinctive fiery red color from beetroots; garnished with sour cream and served with an artisan bread. According to traditional belief, the souls of the departed are carried up to heaven by puffs of steam rising from bowls of Borsh. Immerse yourself in this Russian culinary delight! Bring a one pint container to take Borsch home to your family!

Instructors: Yelena Balashova

Location: CTE

Tuesday, November 13 FOOD422

6:30-8:30PM \$35



"...learned lots of tips. especially the correct way to shape Baquettes!" ~ JoAnn

Artisan Bread - Student "Rostyne Bakery" (joke)

CULINARY

NEW French Confections Merveilleux Macarons!

Macarons - a sophisticated French treat of sweet meringue-based confection - light and fluffy with a delightful snap! Join Chef Stacy in the kitchen for the recipe and processes including piping the perfect macaron, then venture out at home with variations. Light-as-a-feather French confections can be assembled pulling from a mix-and-match palette of sweet fillings and bases - vanilla bean, chocolate, peanut, coconut, raspberry and pistachio macarons! Délicieux!

Instructors: Chef Stacy Fisher

Location: CTE

Tuesday, November 27 6:30-8:30PM \$49

NEW French Confections Délicieux Crème Brûlée!

Crème brûlée or burnt cream - a favorite French dessert in high end restaurants! With a smooth vanilla custard topped with caramelized sugar, no one can resist the crunch of cracking through the outer shell to find the sweet dessert beneath! Join Chef Stacy in the kitchen for this classic, delectable sweet dating back to 1691 from a recipe by François Massialot, the King's cook!

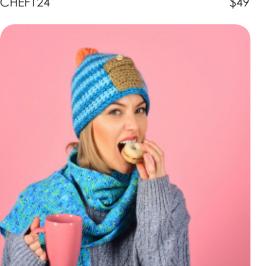
Instructors: Chef Stacy Fisher

Location: CTE

Thursday, November 29

CHEF124

6:30-8:30PM \$49





NEW French Confections Scandaleux Cream Puffs & Éclairs!

Join Chef Stacy for light and airy French confections using pastry dough to form cream puffs and chocolate éclairs! Create cream puffs, round and fat, filled with whipped cream and dusted with a blizzard of confectioners' sugar. Then pipe the batter into longer ropes to create log-shaped éclairs, ready to be filled with pastry cream, and drizzled with chocolate icing. Scandaleux - Sinful!

Instructors: Chef Stacy Fisher Location: CTE

Tuesday, December 4

CHEF126

6:30-8:30PM

NEW French Confections! Trois Incroyables Dessert Series

Learn the secrets of French pastry chefs with these French confections to delight your friends and wow your family! Join Chef Stacy for this trio of incredible dessert series including Merveilleux Macarons, Délicieux Crème Brûlée, and Scandaleux Cream Puffs & Éclairs! Whether sweet or savory, these little bites are sure to delight!

Instructors: Chef Stacy Fisher

Location: CTE

Tues/Thurs/Tues, November 27 6:30-8:30PM CHEF132



NEW Essential Oils Series

Wondering if there's room for oils in your life? From providing natural, holistic options to relieving symptoms of illness, supporting a healthy mind and body, and providing alternatives to traditional chemical household cleaning products, empower yourself with information to makeover your home and mindset! Learn from a long-time essential oil user. Registration includes an oil sample roller.

Instructor: Lyndsay Seivert Location: IPC

Essential Oils - The School Year

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Thursday, September 27	6:00-7:30PM
WELL642	\$29
Essential Oils - Cold & Sick Se	ason
Thursday, October 18	6:00-7:30PM
WELL643	\$29
Essential Oils Basics - Natural	Solutions
Thursday, November 15	6:00-7:30PM
WELL644	\$29
Essential Oils - Cleaning	
Thursday, December 13	6:00-7:30PM
WELL645	\$29

Essential Oils Series

4 Thursdays - Dates Above	6:00-7:30PM
WELL648	\$89

Long-Term Care Partnership Program

Learn about long-term care, related costs, how to plan for long-term care needs, what Medicare and Medicaid cover, and how the South Dakota Long-Term Care Partnership Program can help. This public-private partnership informs you of quality and affordable long-term care insurance and a way to receive needed care without depleting assets. The Department of Social Services offers information and answers questions without endorsing any specific company or product. Plan now for the future!

Instructor: Kathi Skoglund Location: IPC

Monday, October 1 HETH592



7:00-8:00PM

Surviving the Amazing Race! Downtown Sioux Falls

Join Season One Survivor contestant Mitchell Olson on this scavenger hunt to solve witty, tricky questions while exploring our scenic, colorful, bustling downtown Sioux Falls - a tour spiked with fun facts! Fans of the popular reality show will love our Sioux Falls version - no passport required! Grab your camera, family, and friends or be teamed with new acquaintances for teams of two to six players for this friendly Amazing Race! No knowledge of the location is required, just bring a sharp mind and a good pair of shoes. Your adrenaline will be running long after the race!

Instructor: Mitchell Olson Location: Orpheum Theater Awning

Saturday, October 20 2:00-4:00PM GAME768A \$25/Single - \$39/Couple

Saturday, October 27 2:00-4:00PM GAME768B \$25/Single - \$39/Couple





NEW CPR Family & Friends Non-Certified

The AHA's Family & Friends® CPR Course a video-based, classroom course intended for anyone who wants to learn CPR and prefers to learn in an Instructor-led or facilitated group environment. This course is for people who do not need a course completion card for a job or other requirements. Family & Friends CPR is ideal for community groups, parents, grandparents, caregivers, schools, students, and others interested in learning how to save a life. Non-certification course.

Instructor: Mary Houska

LOCUIION, II C	
Friday, October 12 HETH632A	5:30-7:30PM \$39
Friday, December 21	5:30-7:30PM \$39



Tibetan Singing Bowls Myth & Magic!

Learn the history and modern day use of Tibetan singing bowls as a holistic healing practice! Singing bowls produce sounds which invoke a deep state of relaxation which naturally assists you in entering into meditation with the ultimate goal being enlightenment. Experience the sounds of the singing bowls creating stress reduction, holistic healing, chakra balancing, and left/right brain synchronization. Let the rich blend of harmonic overtones relax and rejuvenate you!

Instructor: Deb Yoder

Location: Tibetan Temple Sounds

Thursday, October 25 7:00-8:30PM WELL345A \$29

Thursday, November 15 7:00-8:30PM WELL345B \$29

Yoga

Relax, refresh, and re-energize yourself through this dynamic, low-impact workout! Certified instructor Ahva Halma leads this physical, mental, and spiritual experience that originated in India. Emphasize your mind and body's well-being and muscle toning to promote total balance and fitness through yoga. Bring your own mat and join the ranks!

Instructor: Ahva Halma Location: IPC

4 Wednesdays, September 26 5:30-6:20PM HETH487A \$49 4 Wednesdays, October 24 5:30-6:20PM HETH487B \$49 4 Wednesdays, November 28 5:30-6:20PM HETH487C \$49

NEW Meditation Medley Different Paths to Peace!

Hit the reset button for your body through meditation! Reach a place of centering and peace, then enjoy the wonderful benefits of meditation! With regular practice, relieve pain, improve sleep, decrease anxiety and depression, reduce addictive behavior, and more! Experience this series of various meditation styles to find what is right for you! Bring your own mat and pillow.

Instructor: Rita Taylor & Randy Smith Location: IPC

Saturday, October 27 9:00-11:00AM HETH324 \$35





Tai Chi A Strong Yet Gentle Flow

Transform your life with this powerful 18-step Tai Chi series! This ancient practice has many important lessons for modern life showing how to expand your awareness as you reconnect mind and body. Tai Chi is slow-moving and low-impact, yet can improve coordination, muscle and joint health, balance, flexibility, and relaxation response all at the same time. It only takes two months to learn this healthy practice you can continue for a lifetime!

Instructor: Randy Smith Location: Sonia Sotomayor

6:00-7:00PM 7 Tuesdays, October 2 HETH310 \$95

Tai Chi Refresher

Refine your practice of this powerful 18-step Tai Chi series. Expand your awareness as you reconnect mind and body. This ancient art form is slow-moving and low-impact, yet can improve coordination, muscle and joint health, balance, flexibility, and relaxation response all at the same time. Transform your life! "Tai Chi - A Strong Yet Gentle Flow" or equivalent recommended.

Instructor: Randy Smith Location: Sonia Sotomayor

Thursday, November 15 6:00-7:00PM HETH378

Mindfulness Practice Slow Down, Gain More!

Mindfulness techniques allow you to slow down and bring attention to the immediate moment - gaining clarity and finding inner peace. Cultivate mindfulness to positively affect your body and mind, personal relationships, working abilities, and more. Discover ideas to integrate mindfulness into vour life!

Instructor: Randy Smith

Location: IPC

Saturday, October 27

1:00-3:00PM \$29

Acupressure & Reflexology for Couples

Grab a partner to learn and share the health benefits of the age-old techniques of acupressure and reflexology! Gain the understanding of the "microsystem" maps of the body and the tools to stimulate points that can affect many different health issues. Registration fee is for two individuals. \$30 material fee payable to instructor at class includes two sets of acupressure and reflexology tools.

Instructor: Rita Taylor & Randy Smith Location: IPC

Saturday, October 20 HETH169

9:00AM-NOON \$89



\$15

NEW Empowerment! Dealing with Difficult People

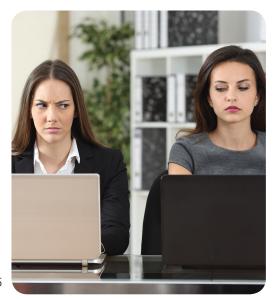
Create a life and relationships that empower you! Tested by toxic, negative, or cruel people who defy logic and are seemingly unaware of the harm they are causing or worse, seem to derive satisfaction from it? Learn techniques and behaviors to implement immediately with your boss, customer, family member, child, or even strangers to better manage and defuse such situations. Stop the frustration, stress, and sometimes fright and hurt, as these can harm your health.

Instructor: Fay Prairie Location: IPĆ

Thursday, October 25

WELL204

6:30-8:30PM \$35



NEW Empowerment! Stop the Worry

Do you ever feel overly concerned about a situation or a problem - preoccupied with "what ifs" and "worst-case scenarios?" Worrying can sap your emotional energy, send your anxiety levels soaring, and interfere with your relationships and daily life along with triggering a host of numerous health issues. Worrying is a mental habit that can be broken. Learn to train your brain to turn off those worrisome thoughts, increase relaxation, and view life from a less fearful perspective.

Instructor: Fay Prairie Location: IPC

Thursday, November 1 WELL206

6:30-8:30PM \$35





Let Her Fly! Ladies Introductory Archery

Hang up the heels and give up the lipstick, it's time for an evening of archery! Learn the basics of archery form, aiming and shooting techniques, and range safety, followed by plenty of practice time. Grab your friends or family - a great evening out for mothers and daughters! All equipment provided - both traditional recurve and compound bows. Ladies ages 15 and up.

Instructor: Archery Outfitters Location: Archery Outfitters

Friday, September 14 HETH251 7:00-8:30PM \$25

2 Cool Archery! Youth - see page 70

Zumba®

Perfect for everybody and every body, Zumba® is designed to bring people together to sweat it on! Take the "work" out of workout, by mixing low and high intensity moves for an interval-style, calorie-burning dance fitness party! Once the Latin and World rhythms take over, see why Zumba® Fitness is called "exercise in disguise!" A total workout, combining all elements of fitness - cardio, muscle conditioning, balance, flexibility, boosted energy, and a serious dose of awesome! Super effective? Check! Super fun? Check! Join instructor Dawn in the dark with fun lights and awesome sound! Choose your schedule ten class punchcard.

Instructor: Dawn Szymik Location: Kosama

Choose your start date and schedule!

10 Saturdays - Choice 10:30-11:30AM \$79

10 Tuesdays - Choice 7:00-8:00PM WELL734B \$79

10 Thursdays - Choice :00-8:00PM WELL734C \$79

Kiss My Quiver! Couples Intoductory Archery

Date night! Couples enjoy the experience of archery together! Learn safety on the range, loading and aiming the bow, proper form, guidance, and support from Archery Outfitters' expert instructors. Receive plenty of practice time with both traditional recurve and compound bows. All equipment provided. Registration fee is per couple.

Instructor: Archery Outfitters Location: Archery Outfitters

Friday, December 7 HETH254 7:00-8:30PM \$35





DDP Yoga

Join certified instructor Travis Roberts for DDP Yoga - not your momma's yoga! Learn to incorporate traditional yoga positions, rehabilitation positions, and old-school calisthenics like push-ups and squats, all while using dynamic resistance. This method uses counteracting muscles to continuously resist your movement. Dynamic resistance increases your heart rate, getting to your fat burning zone by converting slow-moving, easy activity into fat-blasting muscle toning - all with minimal joint impact! Low impact, challenging yet calming, awesome workout program for anyone regardless of age or fitness level. Ages 15 and up.

Instructor: Travis Roberts

Location: Dakota Budokan Martial Arts

8 Saturdays, September 15 10:00-11:00AM YOGA412A \$55

8 Saturdays, November 10 10:00-11:00AM YOGA412B \$55

~ or ~

Instructor: Travis Roberts

O A A a ra al any a Cara ta ma la arr 10

Location: New Day Church - Harrisburg

8 Mondays, September 10	7:00-8:00PM
YOGA413A	\$55
8 Mondays, November 5	7:00-8:00PM
YOGA413B	\$55

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16 Tues/Fri, September 25 7:00-8:00PM YOGA411A \$99

16 Tues/Fri, November 20 7:00-8:00PM YOGA411B \$99

Self Defense 101 - Introductory

Learn basic principles of self defense with simple and easy-to-learn techniques to work in a variety of situations. Prevent yourself from becoming one of the 20 victims of physical violence every minute in the United States. Practice introductory striking, escapes from grabs, take-downs, some ground fighting, and basic safety increasing confidence to defend yourself should the unthinkable happen. A quick demonstration and review of basic selfdefense weapons, such as pepper spray will be included. With over 20 years of experience in martial arts, our instructors have designed a fun class for students of all abilities and fitness levels. Great class for mothers and daughters - sons too, or students going off to college! Ages 13 and

Instructor: Joseph Herreman Location: Southern Hills

Monday, August 6	6:15PM-7:45PM
WELL275A	\$29
Thursday, October 11	6:15PM-7:45PM
WELL275B	\$29
Monday, October 29	6:15PM-7:45PM
WELL275C	\$29

NEW Self Defense 102 "Red Man" Intermediate

Picking up where Self Defense 101 left off, this course offers a more in-depth look at the techniques and skills of self defense. Learn advanced striking, escapes, joint locks, and ground fighting skills to enhance your self defense training. Challenge yourself in a fun and safe environment to learn the skills that can save your life. Gain confidence as you have a chance to practice your new skills against one of our instructors at full power against the "Red Man Suit." Completion of Self Defense 101 or equivalent required. Ages 13 and up.

Instructor: Joseph Herreman Location: Southern Hills

Thursday, November 15 6:15-7:45PM WELL277 \$29



Fit Body Forever! Age 55+

Join certified personal trainers for the workout designed for 55+ and baby boomers who want greater health and better physical function to stay fit and active for the long haul! Take control and feel confident at any age with this small group environment to help improve mobility, balance, strength, and flexibility! Nutrition counseling included! No matter where you are in your fitness journey, an active, healthy lifestyle is attainable here! Twenty-eight day program. Monday - Saturday classes available. Choose your class times.

Instructor: Fit Body Boot Camp Instructors Location: Fit Body Boot Camp

Monday, October 1 WELL376A Thursday, November 1 WELL376B

"The class was excellent & the instructor was very knowledgeable. I especially like that he dispelled myths about carrying weapons or pepper spray as these could be used against you. You don't need to know all of the techniques - keep it simple."

~ Mary Anne - Self Defense Student

Fit Body - The Bootcamp Way!

Afterburn! Twenty one days...immerse yourself in group, personal training with high energy, dynamic, and challenging thirty minute workouts designed to burn maximum fat and tone your entire body! A combination of (HIIT) High Intensity Interval Training and Active Rest Training is designed for maximum fat burning and muscle toning. Choose your start date and your choice of over 45 weekly classes for this personalized program to fit your individual fitness goals and fitness level. Nutrition counseling included! No matter where you are in your fitness journey, an active, healthy lifestyle is attainable with this afterburn workout! Twenty-one day program. Monday - Saturday classes available. Choose your class times.

Instructor: Fit Body Boot Camp Instructors Location: Fit Body Boot Camp

Monday, October 1
WELL375A \$67
Thursday, November 1
WELL375B \$67





Taekwondo - Adult & Youth Beginner, Intermediate & Advanced

Start or continue your taekwondo journey! In Korean, 'tae' means to strike or break with foot, 'kwon' means to strike or break with fist, and 'do' means way, method, or path. Thus, taekwondo is translated as "the way of the hand and the foot." Learn the basic techniques and traditions of taekwondo or enhance your skills progressing through the belt levels with Master Troy Vink while incorporating self-defense, discipline, confidence, and respect for others! Beginners - Ages 5 years and up. Additional cost for uniform - optional and belt testing as belt progression takes place. Payable to instructor at class.

Instructors: Troy Vink Location: Robert Frost

Beginner: White Belt

32 Tues/Thurs, August 21 5:45-6:45PM FITN 405 \$189

Intermediate: Yellow Belt - Green Belt

32 Tues/Thurs, August 21 6:45-7:45PM FITN406 \$189

Advanced: Blue Belt and Above

32 Tues/Thurs, August 21 7:45-8:45PM FITN410 \$189

Introduction to Jujitsu - Adult

Defend yourself in any situation by combining the techniques of karate, judo, Brazilian jujitsu using the opponent's own force against him. In this fun and challenging class, learn the basics of Bujin Ki Ryu Jujitsu while building self-confidence, physical fitness, and self-discipline. Incorporate this unarmed, traditional self-defense system of the Sumurai into your wellness repetoire! Uniforms available for purchase - optional. Ages 14 and up.

Instructor: Joseph Herreman Location: Southern Hills

8 Mon/Thurs, October 15 HETH138

7:00-8:30PM \$59



"I couldn't be more pleased
with the number of students
registered! This gives me
the opportunity to have my
advanced students gain
experience with helping instruct
class, which
is a part of their next
level of training!"
~ Troy Vink
Taekwondo Instuctor



No Limits! Martial Arts

Whether looking for fitness, self-defense, or competition, Judo - the modern evolution of Jiu-jitsu is a fantastic whole body workout and a formidable means of self-defense. The only active instructor in our area with a black belt in both Judo and Jiu-jitsu teaches a unique approach to train at your level and equips you with the ability to apply Judo principles to every aspect of your life! This martial arts instruction is a tremendous supplement to wrestlers in the off season. Ages 13 and up.

Instructor: Brad Walker

Location: Dakota Budokan Martial Arts

${f A}$ ges 13 and up

Choose Your Day of the Week Schedule - Mon 6:30-8:00PM Tues 11:30-1:00PM - Wed 6:00-7:30PM Thur 11:30-1:00PM - Sat 1:00-2:30PM

September	Choice
WELL933A	\$59
October	Choice
WELL933B	\$59
November	Choice
WELL933C	\$59
December	Choice
WELL933D	\$59

Women Only	
4 Sundays, September 2	6:00-7:00PM
WELL934A	\$39
4 Sundays, October 7	6:00-7:00PM
WELL934B	\$39
4 Sundays, November 4	6:00-7:00PM
WELL934C	\$59
4 Sundays, December 2	6:00-7:00PM
WELL934D	\$39

Art of the Sword! Kendo & Kumdo/Kumbub

Learn the art of Kendo (Mondays) - A form of fencing using two-handed bamboo swords that was developed as a safe form of training for the Samurai! Also included (Thursdays) is the art of Kumdo/ Kumbub - sword training emphasizing real sword tactics including; drawing & cutting, battlefield techniques, and ancient patterns. Both classes are taught by multiple black belt Jesse Adams, a decorated competitor with many years of study and instruction experience. Equipment - bamboo and wooden sword provided for use. Ages 12 and up. Ages 11 and under with a registered parent.

Instructor: SF Sword Academy Staff Location: Sioux Falls Sword Academy

	•
8 Mon/Thurs, September 24	7:45-9:15PM
HETH302A	\$49
8 Mon/Thurs, October 22	7:45-9:15PM
HETH302B	\$49
8 Mon/Thurs, November 26	7:45-9:15PM
HETH302C	\$49

Youth Classes Introduction to Jujitsu, Taekwondo, Art of the Sword, Judo & Self Defense see pages 69 - 71



Heartsaver® First Aid

Join Mary Houska for this comprehensive course including first aid basics along with medical, injury, and environmental emergencies designed to meet OSHA requirements. Designed for individuals with limited or no medical training needing an AHA course completion card. Respond with confidence when confronted with sudden illness or injuries. Two-year AHA certification and student manual included.

Instructor: Mary Houska

Location: IPC

Monday, October 15

HETH618

8:30-11:30AM \$45





Heartsaver® Adult/Child/Infant CPR & AED

Complete the training and certification for Adult, Child, and Infant CPR and AED designed to meet OSHA requirements. Intended for daycare and school employees, but is not the required CPR training needed for nursing students, physicians, or EMS. AHA two-year certification and student manual provided.

Instructor: Mary Houska Location: IPC

Monday, October 15 12:00 -3:00PM HETH617 \$59

NEW CPR Family & Friends Non-Certified

The AHA's Family & Friends® CPR Course - a video-based, classroom course intended for anyone who wants to learn CPR and prefers to learn in an Instructorled or facilitated aroup environment. This course is for people who do not need a course completion card for a job or other requirements. Family & Friends CPR is ideal for community groups, parents, grandparents, caregivers, schools, students, and others interested in learning how to save a life. Non-certified course.

Instructor: Mary Houska

Location: IPC

Friday, October 12 5:30-7:30PM HETH632A \$39 Friday, December 21 5:30-7:30PM HFTH632B \$39

Heartsaver® First Aid with Heartsaver® Adult/Child/Infant CPR & AED - Full Course

Train and certify in basic First Aid, Adult/Child/Infant CPR and AED skills while meeting OSHA requirements. This course is acceptable for most daycare and school employees, but is not the required CPR training needed for nursing students, physicians, or EMS. See descriptions for Heartsaver® First Aid and Heartsaver® Adult/Child/Infant CPR & AED courses. AHA two-year certification and student manual provided. Bring a lunch.

Instructor: Mary Houska

Location: IPC

Monday, October 15

HETH619

8:30-3:00PM \$89



Bloodborne Pathogens

Gain the essential knowledge necessary to help reduce or eliminate the occupational risk of exposure to bloodborne pathogens. Understand how to access the employer's exposure control plan and steps to take if exposed to blood or other potentially infectious materials. Designed to meet the Occupational Safety and Health Administration (OSHA) requirements when paired with site-specific instruction and carries a "Medic First Aid" one-year certification. Materials provided.

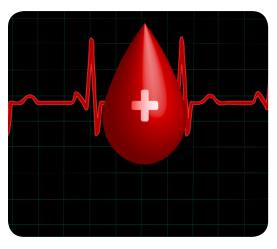
Instructor: Mary Houska

Location: IPC

Monday, October 15

HETH616

3:00-4:00PM \$45



Basic Life Support Healthcare Provider CPR Renewal

Healthcare Provider CPR certification is a pre-requisite for this renewal. The Basic Life Support (BLS) for Healthcare Providers is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner. Receive hands-on demonstration of CPR & AFD skills, video review, and take the written test. This course is the CPR training requirement for Healthcare providers such as Nurses, EMT's, Physicians, EMTs, and others in the healthcare field. Two-year AHA certification card and manual provided. Materials included

Instructor: Mary Houska Location: IPC

Monday, October 15 HETH615 5:00-7:30PM \$45

Big Band Ballroom Dance! Series & Dance

Learn to dance for the only Big Band Dance in town! Join instructors from the Ballroom Dance Club to learn Swing, Waltz, and Foxtrot so you can move to the beat at the monthly Big Band Ballroom Dance at the El Riad Shrine, sponsored by the Ballroom Dance Club Sioux Falls and the El Riad Dance Club. Class includes three weeks of instruction at Balleraena Dance Studio and entry to the dance, which includes another lesson from 6:45-7:30 p.m. on October 12 at El Riad Shrine. Dance follows from 7:30-11:00 p.m. Join us in the ballroom! Partner required-registration fee is per couple.

Instructors: Glenda & Jeff Pray Location: Balleraena Dance Studio

3 Saturdays, September 22 Friday, October 12 Friday, October 12 DANC257 4:30-5:30PM 6:45-7:30PM 7:30-11:00PM \$79





NEW Salsa Dance Series!

It's time to try a new flavor on the dance floor - get ready to sizzle with this exuberant, social dance! Learn the basics of Salsa - lively and flirtatious, full of passion and energy with strong influences from Latin America. Cultural background and floor etiquette included! Feel comfortable hitting any dance floor after this experience of smooth and spicy dance moves. Registration fee is per couple or single.

Instructors: Jaime Freed Location: Eugene Field Elementary

6 Thursdays, October 11 6:30-8:00PM DANC288 \$59/person - \$89/couple



NEW Big Band Dance A Fall Tango!

Tango - the most famous partner dances emphasizing the vibrant and playful style of movement, rich expressions, improvisation, and connection and passion between dancers! Enjoy a special night out at a Big Band Dance with a Tango lesson followed by dancing to the sounds of the Leo Lonnie Orchestra!

Instructors: Ballroom & El Riad Dance Club Location: El Riad Shrine

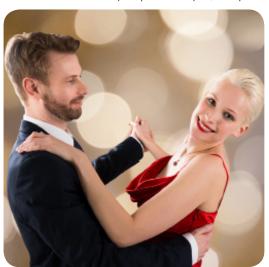
Friday, September 14 6:45-7:30PM Dance to Follow 7:30-11:00PM DANC632 \$19/person - \$29/couple

NEW Big Band Dance Masque Ball Rumba!

Dig out your fancy clothes and decorative masks to enjoy a special night out at a Big Band Dance with a Rumba lesson followed by the dancing to the sounds of The Apostles!

Instructors: Ballroom & El Riad Dance Club Location: El Riad Shrine

Friday, October 12 6:45-7:30PM Dance to Follow 7:30-11:00PM DANC633 \$19/person - \$29/couple



Big Band Dance with
Dance Lessons Series
Sponsored by the Ballroom
Dance Club Sioux Falls
& the El Riad Dance Club



NEW Big Band Dance V-Day Waltz!

Commemorate Victory Day - World War Il allied victories and memories with a special night out to celebrate at a Ballroom Dance featuring a Waltz lesson followed by dancing to the sounds of The Shrine Big Band!

Instructors: Ballroom & El Riad Dance Club Location: El Riad Shrine

Friday, November 9 6:45-7:30PM Dance to follow 7:30-11:00PM DANC629 \$19/person - \$29/couple

NEW Big Band DanceA Foxtrot Christmas!

Celebrate the holiday season with a special night out! Learn the Foxtrot - a smooth, progressive dance characterized by long, continuous flowing movements across the dance floor! Your Foxtrot lesson is followed by dancing to the sounds of Kickin' Brass Band!

Instructors: Ballroom & El Riad Dance Club Location: El Riad Shrine

Friday, December 14 6:45-7:30PM
Dance to Folow 7 30-11:00PM
DANC634 \$19/person - \$29/couple

NEW The Wonderful World of Birds!

Calling all young backyard bird enthusiasts to come along on a journey into the world of birds! Learn to easily identify these accessible creatures as they flutter in the wind and live among us! Craft up your own feeder to hang in your back yard and create a one of a kind bird house and welcome them to their cozy new home. Gain abundant knowledge to share on your next bird watching adventure! Materials included. Ages 4-13.

Instructor: Linda Pudenz Location: Wild Bird Connection

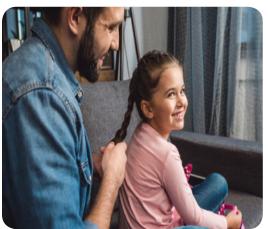
Saturday, November 10	1:00-2:00PM
YINT222A	\$19
Saturday, November 17	1:00-2:00PM
YINT222B	\$19
Saturday, December 8	1:00-2:00PM
YINT222C	\$19

NEW Majestic Mountains! Chinese Watercolor

Imagine yourself among the rugged terrain and beautiful mountain scenery as you transform a plain background into a work of art! Experiment with a variety of watercolors as you paint majestic mountains and rough rock formations on an 8"x10" watercolor canvas in the style of the ancient Chinese masters! Materials provided. Ages 8 and up.

Instructor: Lisa Renaldo Location: IPC

Friday, November 2 5:30-6:45PM ART112 \$15





NEW Pumpkin Time! Acrylic

Nothing says October like pumpkins galore! Unleash your inner creativity and dive into the acrylic palate as you join Lisa Rinaldo in designing and creating sleek curves of stacked orange and white pumpkins for a beautiful 11"x14" acrylic-on-canvas fall painting for your wall or fireplace mantel! Materials provided. Ages 8 and up.

Instructor: Lisa Renaldo Location: IPC

Tuesday, October 2 5:30-6:45PM ART111 \$15

NEW Cardinal In The Snow! Acrylic

Delight in the stillness and serenity created by the paintbrush and personalize a classic winter scene for your enjoyment! Add some color to a 11"x14" acrylics-oncanvas backdrop as you capture the magnificence of a bright red cardinal perched on a snowy, rustic fence. Get ready for some winter fun! Materials provided. Ages 8 and up.

Instructor: Lisa Renaldo

Location: IPC

Thursday, November 29 5:30-6:45PM ART113 \$15

You & Me Basic Braiding!

Stymied on how to create trendy fishtail, french and waterfall braids for your budding fashionista? Look no further for a fun, educational, bonding opportunity for you and your child! Basic braids and styles including: french, dutch, fishtail, waterfall and loop twists, as well as basic curling & pinning. Bring your favorite hair accessories and get ready to braid away!

Instructor: Adrian Pfarr-Ness Location: IPC

Friday, October 19 6:00-7:30PM YTEEN111 \$25

NEW What Will Your Sock Grow?

How many times have you been told to not go outside with your socks on? Well now you can! Slip on a pair of well loved socks and experience the sensation of the ground beneath your feet as you peruse the Mary Jo Arboretum in search of a multitude of seeds to stick to your soles! Kick up your feet and learn about the miraculous parts of a plant and how they sprout from seeds to a garden of beauty! Plant your socks to take home and water with care to see what grows in your sock garden! Bring the garden back to the arboretum when interesting plants show up and learn more about what grew! Ages 4-10.

Instructor: Mary Jo Arboretum Staff Location: Mary Jo Arboretum

Saturday, September 22 10:00-11:00AM YINT195 \$15



Etiquette Trio Everyday Respect, Table & Body Etiquette!

The basis of manners is to treat others the way you wish to be treated! From respect to compassion and kindness, to feeling confident in social situations, everyday manners are what we use to get along with others to succeed in life! "Elbows off the table, Mable" or "Chew with your mouth closed." These are just a few of the table manners that show people who you are. What are you saying when you're not "saying" anything at all? Your body constantly communicates what you are thinking and feeling through your posture, gestures, eye movement, facial expressions, crossing of arms, and numerous other nonverbal cues! Mrs. South Dakota International 2018 Jill Turbak covers important etiquette in everyday respect, table manners, and body language. Ages 5-13.

Instructor: Jill Turbak Location: IPC

Saturday, October 13 1:00-3:00PM YOUTH101 \$29/Child - \$39/2 Children



NEW Tiny Tasters Sweet & Decadent Desserts!

Be amazed at your culinary skills and whip up some sweet and decadent desserts that will win over your family and friends! Add some pizazz to the mixing bowl and learn to measure, stir, and create delicious homemade peanut butter cups and fruit parfaits! It will be a tasty time trying the treats in class, and since these recipes are so simple, you'll be able to replicate them at home for the whole family! Materials provided. Ages 6 and up.

Instructor: Alina Hedman

Location: CTE

Thursday, October 18

PLAY805

5:30-7:00PM \$29



Ukulele Bootcamp! Beginners

Join local musician Steve McFarland as he introduces the soothing sounds of the islands on the ukulele! Learn the origin of the instrument, basic tuning chords, and strumming techniques. Instruction includes Tiny Tim's "Tiptoe Through the Tulips," traditional island songs, and other current hits! Grab your uke and take up this enjoyable, relaxing and highly addictive instrument! Bring your own ukulele.

Instructor: Steve McFarland Location: Robert Frost

6 Tuesdays, October 23

MUSC276

6:30-7:30PM

\$79



NEW Junior Printmaking Relief Printing!

Aspire to become a great printmaker by exploring one of the earliest types of the art form: relief printing! Investigate the history of printmaking before learning how to transform everyday materials like cardboard, and newsprint into surfaces to create an ink print of your own! Come with a design in mind and spend some time using tools to carve away at your creation. Leave with a one-of-a-kind piece of art to frame and add to your decor! All materials provided. Ages 10 and up.

Instructor: Alina Hedman

Location: IPC

Thursday, November 8 ART154 5:30-7:00PM \$25

Banjo Bootcamp! Beginners

Join local musician Steve McFarland as he shares his latest passion...banjo playing! Grab your banjo to learn basic chords, drones, and rolls along with "Claw Hammer" and "Scrugg's" style fingerpicking! From hillbilly boogie and bluegrass, to honky tonk and folk music, you'll be pickin' and grinnin'! Bring your banjo, tuner, thumb and finger picks.

Instructor: Steve McFarland Location: Robert Frost

6 Tuesdays, October 23 MUSC285 7:45-8:45PM

\$79

\$75

NEW Sew On & Sew FUN! Youth Sewing Camp

Join other creatives for unique fun and education in Sew FUN for girls! Learn to operate a sewing machine like a whiz, create several fun and functional projects - a shaggy chenille potholder, a fun little drawstring bag, and a maze game! Gain valuable skills which aid in the development of fine motor skills, problem solving, teamwork, focus, and patience. Whether an aspiring fashion designer or a creative camper looking for new skills, immerse yourself in the wonderful world of machine sewing! Bring your sewing machine and a basic sewing kit - list provided at registration. Ages 10 - 14 years.

Instructor: Anna Maifeld Location: IPC

ART116B

2 Saturdays, October 20 1:00-4:00PM ART116A \$75 2 Saturdays, November 10 1:00-4:00PM

Self Defense 101 - Introductory

Learn basic principles of self defense with simple and easy-to-learn techniques to work in a variety of situations. Prevent yourself from becoming one of the 20 victims of physical violence every minute in the United States. Practice introductory striking, escapes from grabs, take-downs, some ground fighting, and basic safety increasing confidence to defend yourself should the unthinkable happen. A quick demonstration and review of basic selfdefense weapons, such as pepper spray will be included. With over 20 years of experience in martial arts, our instructors have designed a fun class for students of all abilities and fitness levels. Great class for mothers and daughters - sons too, or students going off to college! Ages 13 and

Instructor: Joseph Herreman Location: Southern Hills

Monday, August 6 6:15PM-7:45PM \$29
Thursday, October 11 6:15PM-7:45PM WELL275B \$29
Monday, October 29 6:15PM-7:45PM WELL275C \$29



Taekwondo - Adult & Youth Beginner, Intermediate & Advanced

Start or continue our taekwondo journey! In Korean, 'tae' means to strike or break with foot, 'kwon' means to strike or break with fist, and 'do' means way, method, or path. Thus, taekwondo is translated as "the way of the hand and the foot." Learn the basic techniques and traditions of taekwondo or enhance your skills progressing through the belt levels with Master Troy Vink while incorporating self-defense, discipline, confidence, and respect for others!

Beginners - Ages 5 years and up. Additional cost for uniform - optional and belt testing as belt progression takes place. Payable to instructor at class.

Instructors: Troy Vink Location: Robert Frost

Beginner: White Belt

32 Tues/Thurs, August 21 5:45-6:45PM FITN405 \$189
Intermediate: Yellow Belt - Green Belt

32 Tues/Thurs, August 21 6:45-7:45PM FITN406 \$189

Advanced: Blue Belt and Above

32 Tues/Thurs, August 21 7:45-8:45PM FITN410 \$189

Self Defense 102 "Red Man" Intermediate page 58



2 Cool Archery! Youth Introduction

Learn a new sport of archery with the basics of form, technique, marksmanship, and safety plus receive plenty of practice time guided by Archery Outfitters' experts! Archery helps develop strong problem solving skills, increases focus and determination, encourages goal setting, builds confidence, and creates new friendships. All equipment provided - both traditional recurve and compound bows. Ages 8 to 14.

Instructor: Archery Outfitters Instructors Location: Archery Outfitters

Friday, November 16	7:00-8:30PM
HETH253A	\$25
Friday, November 30	7:00-8:30PM
HETH253B	\$25
Friday, December 14	7:00-8:30PM
HETH253C	\$25
Friday, January 11	7:00-8:30PM
HETH253D	\$25

NEW Fencing Art of the Sword! Youth

Join Jesse Adams for the first junior Fencing class in Sioux Falls! Learn the techniques of Fencing martial arts - two-handed Asian fencing - in a safe and controlled class setting while encouraging personal and physical growth. Great lessons have never been so much fun! Ages 8 and up.

Instructor: SF Sword Academy Staff Location: Tiger Academy

4 Mondays, September 24	6:30-7:15PM
HETH351A	\$49
4 Mondays, October 22	6:30-7:15PM
HETH351B	\$49
4 Mondays, November 26	6:30-7:15PM
HETH351C	\$49

Introduction to Jujitsu - Youth

Defend yourself in any situation by combining the techniques of karate, judo, and Brazilian jujitsu using the opponent's own force against him. In this fun and challenging class, learn the basics of Bujin Ki Ryu Jujitsu while building self-confidence, physical fitness, and self-discipline. Incorporate this unarmed, traditional self-defense system of the Sumurai into your day! Uniforms available for purchase - optional. Ages 6 to 13.

Instructor: Joseph Herreman Location: Southern Hills

8 Mon/Thurs, October 15 6:00-7:00PM HETH137 \$59



Introduction to Judo

Martial Arts as a sport! Judo, or the "gentle way," is an ideal form of physical exercise and a reliable system of self-defense! Created by Jigoro Kano for the purpose of maximizing efficiency with minimal effort, perfect yourself by a systematic training of the mind and body in order to work in harmony with yourself and ultimately with all others. Join experienced Judo coaches from the only nationally registered Judo club in the state, for an introduction to this cross training sport that will have you mastering basic techniques such as throws, pins, and falling techniques in no time! Gain mental discipline, emotional control, and social skills! Uniform not required for introductory class. Ages 7 and up.

Instructor: Ryan Schiebout & Jim Sternick Location: Sioux Falls Hapkido & Judo Club

4 Thursdays, September 20	5:15-6:15PM
FITN431A	\$45
4 Thursdays, October 25	5:15-6:15PM
FITN431B	\$45

Supersitters! Babysitting Smarts

What does it take to be a supersitter?
Learn basic care techniques for infants and children along with safe playtime, feeding, and bedtime tactics. Practice changing diapers on our baby dolls!
Special topics include emergencies, injury prevention, and first aid care including hand-on non-certified CPR training. Know how to keep the kids you care for safe and happy! Bring a lunch. Ages 11-15.

Instructor: Mary Houska

Friday, October 12	8:00AM-3:00PM
TEEN806A	\$69
Saturday, October 13	8:00AM-3:00PM
TEEN806B	\$69
Friday, December 21	8:00AM-3:00PM
TEEN806C	\$69

Certified Driver's Education classes available at Lincoln, Roosevelt & Washington High School

Fall Schedules & Information www.sf.k12.sd.us

NEW Introduction to Hapkido

Pursue an understanding of ki-or vital energy and learn the importance as you work towards mastering the art of Hapkido! Differentiate yourself as this martial art utilizes ki and self-defense moves such as basic kicking, wrist techniques, punch defenses and falling! Join third-degree blackbelt Ryan Schiebout as you learn how Won Moo Hapkido was created for the purpose of self-defense against other martial art forms and get ready to showcase your skills! Families are welcome! Uniform not required for intorductory classes. Ages 7 and up.

Instructor: Ryan Schiebout Location: Sioux Falls Hapkido & Judo Club

4 Mondays, September 17	6:30-7:30PM
FITN432A	\$45/\$65/\$75
4 Mondays, October 22	6:30-7:30PM
FITN432B	\$45/\$65/\$75

\$45/Student - or -\$65/Parent & Student - or -\$75/Parent & 2 Students



All classes in prior sections open to Youth unless specified

STAFE



LOCATIONS

SIOUX FALLS SCHOOL DISTRICT LOCATIONS

CTE-Career & Technical Education

Eugene Field Arts+ Elementary

IPC-Instructional Planning Center

Rosa Parks Elementary

Robert Frost Elementary

Sonia Sotomayor Elementary

4700 W Career Circle
501 S Highland Avenue
201 E 38th Street
5701 E Red Oak Drive
3101 S 4th Avenue
1510 S Lake Avenue

319 S Phillips Avenue

COMMUNITY LOCATIONS

Acorn19 - Bead Co **Archery Outfitters** Balleraena Dance Studio Caribou Coffee Dakota Budokan Martial Arts **El Riad Shrine** Joe's Garage Jewelry Studio Kosama KR Hempel Woodworking LLC LandShark Scuba & Snorkel Mary Jo Wegner Arboretum **New Day Church** Orpheum Theater Awning **Red Rock Tools** Rich's Antique Furniture Sanford Wellness Center Sioux Falls Fit Body Bootcamp Sioux Falls Hapkido and Judo Club Sioux Falls Sword Academy Southern Hills United Methodist Church Stained Glass Craftsman **Tibetan Temple Sounds** Tiger Academy Wild Bird Connection

1811 N Lowell Avenue 6901 S Louise Avenue 1924 S Minnesota Avenue 2000 W 42nd Street, Suite A 510 S Phillips Avenue 2900 S Walts Avenue 6909 S Louise Avenue 25793 470th Avenue 224 S Marion Road 1900 S Perry Place 27365 472st Avenue - Harrisburg 315 N Phillips Avenue 114 E Hemock - Beresford 25574 470th Avenue - Crooks 4201 S Oxbow Avenue 3504 S Minnesota Avenue 3504 S Minnesota Avenue Suite 112 909 F 8th Street 3400 E 49th Street 3211 S Prairie Avenue 122 S Phillips Avenue #220 3216 East 10th Street 2109 S Minnesota Avenue

INFORMATION

TO REGISTER: FOUR EASY WAYS TO TAKE YOUR SEAT!

Classes fill on a first-come, first-served basis. Payment is due at the time of registration. Registration is required prior to attending class.

CLASS CANCELLATIONS:

Community Education reserves the right to cancel class due to insufficient enrollment. Refunds or class credit are given if Community Education cancels the class.

EMERGENCY/SEVERE WEATHER CANCELLATIONS:

In questionable weather conditions, listen for class cancellations on local radio and television stations. When school is canceled, Community Education classes are canceled. Participants will not be called individually. Canceled sessions will be rescheduled.

UNABLE TO ATTEND?

COMMUNITY EDUCATION CLASS POLICY: If you are unable to attend a class as planned, you must call the Community Education office at least 3 business days prior to class start date. With 3 business days notice, we will be happy to transfer you to another available class or apply a full class credit to your Community Education account to use towards another class. **COMMUNITY EDUCATION SHOPPING TRIPS:** Community Education requires a two week notice. **DRIVER'S EDUCATION POLICY:** If you are unable to attend class as planned, you must call Community Education office at least 5 business days prior to class start date. With 5 business days notice, we can transfer student to an available scheduled class. If no class is scheduled, Community Education will charge a \$50 non-refundable cancellation fee and refund the balance to the original method of payment.

Class credits expire after one year and cannot be redeemed for cash. No refunds/credits given if you fail to attend class.



EXPRESS REGISTRATION ONLINE:

Using VISA, MasterCard, American Express, or Discover Card Go to www.sf.k12.sd.us and hover over Our District tab, click on Community Education. All online ed2go classes must be registered for on our website.



PHONE:

VISA, MC, Am Express, Discover 605.367.7999 | 8:00AM-5:00PM











MAIL:

Mail your registration form with check or money order to: Community Education: 201 E 38th Street Sioux Falls, SD 57105

Reading the Courses

NEW Title of Class ----- Course Title You have finished your manuscript, now what? Learn how to get noticed using social media, traditional marketing, blogging, and more! Local published author Sarah Course Pepper shares her secrets for attracting the **Description** right attention when seeking publication of your writing. Instructor: Community Education Location: IPC 4 Thurs/Fri. Feb. 27 6:00-8:00PM # of Sessions **Time** PERS206 \$25 Course Code **Price** Starting Date

REGISTRATION

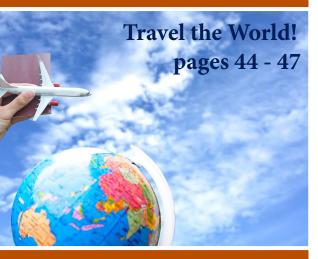
Classes fill quickly! For Express Registration - see previous page

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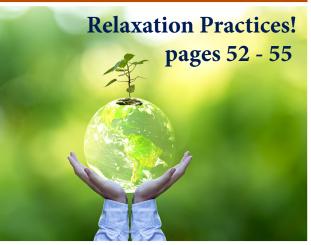
Sioux Falls, South Dakota 57105



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